

**37. Internationaler Läuferzehnkampf 2022**

Potsdam, 26. bis 29.05.2022

Luftschiffhafen, Trainingsplatz

## Wettkampfprotokoll Competition report

|  |                 |
|--|-----------------|
| <b>Wettkampfleitung</b><br>Management of competition | Marco Riege     |
| <b>Leitung Kampfgericht</b><br>Head of referees      | Michael Rudolph |
| <b>Zeitmessanlage</b><br>Timekeeping equipment       | Omega           |
| <b>Windmesser</b><br>Wind gauge                      | Gill            |

| Wetter<br>Weather | Datum - Date | Strecke<br>Distance | °C   | Beschreibung<br>Description           |
|-------------------|--------------|---------------------|------|---------------------------------------|
|                   | 26.05.2022   |                     | 60 m | 20                                    |
|                   |              | 1.500 m             | 20   | starker Wind                          |
|                   |              | 2.000 m             | 20   | starker Wind                          |
|                   |              | 400 m               | 20   | starker Wind                          |
| 27.05.2022        |              | 100 m               | 16   | böiger Wind                           |
|                   |              | 3.000 m             | 18   | starker Wind                          |
|                   |              | 800 m               | 18   | starker bis stürmischer               |
| 28.05.2022        |              | 200 m               | 13   | starker drehender Wind                |
|                   |              | 5.000 m             | 15   | wechselnder Wind mit stürmischen Böen |
|                   |              | 1.000 m             | 15   | wechselnder Wind                      |
| 29.05.2022        |              | 3.000 m             | 13   | Regen, mäßiger Wind                   |
|                   |              | 10.000 m            | 13   | mäßiger Wind, am Ende Regen           |

|                               |  |
|-------------------------------|--|
| <b>Bemerkungen</b><br>Remarks | Die Ergebnisse sind geeignet, um in Besten- und Rekordlisten aufgenommen zu werden.<br>The results are valid to be inserted into top result lists. |
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## 37. Internationaler Läuferzehnkampf 2022

Potsdam, 26. bis 29.05.2022

## Gesamtwertung - Total scoring



L10K &amp; L6K, Potsdam, 26. bis 29.05.2022

| Platz<br>Rank         | AK<br>Cat. | Name (Nation)<br>Name (Nation) | Verein<br>Team                               | Jahr/St.nr.<br>Birth/No. | 60 m         | 1.500 m<br>(2k =<br>2.000 m) | 400 m          | 100 m        | 3.000 m         | 800 m          | 200 m        | 5.000 m         | 1.000 m        | 10.000 m<br>(3k =<br>3.000 m) | Punkte<br>Points |
|-----------------------|------------|--------------------------------|--|--------------------------|--------------|------------------------------|----------------|--------------|-----------------|----------------|--------------|-----------------|----------------|-------------------------------|------------------|
| <b>Frauen - Women</b> |            |                                | <b>Läuferzehnkampf<br/>Runners Decathlon</b> |                          |              |                              |                |              |                 |                |              |                 |                |                               |                  |
| 1                     | W30<br>1   | Zimmermann, Kristin (D)        | Team Riedelbäck                              | 1989<br>1                | 8,75<br>765  | 4:44,83<br>871               | 1:01,83<br>806 | 14,18<br>740 | 10:34,45<br>874 | 2:22,78<br>817 | 28,09<br>799 | 18:31,10<br>857 | 3:11,24<br>817 | 38:38,18<br>899               | <b>8245</b>      |
| 2                     | W20<br>1   | Creuzot, Sarah (F)             | US Toul Athlétisme                           | 1997<br>5                | 9,38<br>655  | 5:27,35<br>651               | 1:06,66<br>687 | 15,03<br>648 | 11:52,68<br>690 | 2:37,98<br>657 | 30,52<br>667 | 20:46,83<br>674 | 3:30,56<br>664 | 43:48,78<br>699               | <b>6692</b>      |
| 3                     | W20<br>2   | Heidel, Kathleen (D)           | NSF Berlin                                   | 1999<br>4                | 9,12<br>700  | 5:26,46<br>655               | 1:07,08<br>677 | 14,66<br>687 | 12:13,64<br>644 | 2:37,93<br>657 | 29,80<br>705 | 21:44,59<br>603 | 3:31,18<br>659 | 47:52,26<br>560               | <b>6547</b>      |
| 4                     | WJ<br>1    | Vis, Esmee (NL)                | AV De Gemzen                                 | 2005<br>8                | 9,10<br>703  | 5:26,42<br>655               | 1:08,18<br>651 | 14,67<br>686 | 12:23,11<br>624 | 2:52,91<br>516 | 30,04<br>692 | 21:24,31<br>627 | 3:46,43<br>551 | 45:20,66<br>645               | <b>6350</b>      |
| 5                     | W35<br>1   | Köhler, Ines (D)               | FLB Cottbus                                  | 1985<br>10               | 10,04<br>549 | 5:23,02<br>672               | 1:11,40<br>579 | 16,39<br>513 | 11:38,30<br>722 | 2:41,62<br>621 | 33,04<br>543 | 20:09,77<br>722 | 3:31,82<br>655 | 41:51,74<br>771               | <b>6347</b>      |
| 6                     | W35<br>2   | Bauer, Karoline (D)            | Chemnitzer LV MEGWARE                        | 1984<br>12               | 9,82<br>583  | 5:32,33<br>627               | 1:10,31<br>603 | 16,02<br>548 | 12:09,68<br>653 | 2:41,33<br>624 | 32,34<br>576 | 20:50,52<br>669 | 3:35,16<br>630 | 43:57,50<br>694               | <b>6207</b>      |
| 7                     | WJ<br>2    | Brandecker, Lea (D)            | Harz-Gebirgslaufverein<br>Wernigerode        | 2004<br>3                | 8,55<br>802  | 5:55,58<br>522               | 1:06,26<br>697 | 13,97<br>763 | 13:06,04<br>537 | 2:46,27<br>577 | 28,81<br>759 | 23:00,02<br>516 | 3:53,16<br>506 | 51:17,05<br>455               | <b>6134</b>      |
| 8                     | W20<br>3   | den Besten, Celeste (NL)       | AV De Gemzen                                 | 1999<br>16               | 10,73<br>448 | 5:26,86<br>653               | 1:12,09<br>564 | 16,81<br>475 | 11:45,43<br>706 | 2:41,91<br>618 | 33,19<br>536 | 20:39,14<br>684 | 3:34,44<br>635 | 44:34,17<br>672               | <b>5991</b>      |
| 9                     | W20<br>4   | Brehme, Jasmin (D)             | SV Sömmerda e.V.                             | 1995<br>11               | 9,00<br>720  | 5:43,47<br>576               | 1:09,05<br>632 | 14,99<br>652 | 12:45,05<br>579 | 2:52,45<br>520 | 29,97<br>696 | 22:34,31<br>545 | 3:49,64<br>529 | 48:29,44<br>540               | <b>5989</b>      |
| 10                    | WJ<br>3    | Stephan, Isabel (D)            | Schwedter Hasen                              | 2003<br>13               | 8,62<br>789  | 6:07,53<br>472               | 1:09,05<br>632 | 13,88<br>774 | 13:27,93<br>495 | 2:52,32<br>522 | 28,52<br>775 | 23:50,99<br>461 | 3:50,22<br>525 | 50:32,73<br>477               | <b>5922</b>      |
| 11                    | W45<br>1   | Brandecker, Yvonne (D)         | Harz-Gebirgslaufverein<br>Wernigerode        | 1976<br>6                | 9,42<br>648  | 5:39,44<br>594               | 1:12,51<br>555 | 16,06<br>544 | 12:28,56<br>613 | 2:48,52<br>556 | 33,21<br>535 | 21:49,94<br>596 | 3:45,57<br>556 | 46:55,23<br>591               | <b>5788</b>      |
| 12                    | W50<br>1   | Schlieker, Ellen (D)           | VfL Brandenburg                              | 1969<br>17               | 9,65<br>611  | 5:43,36<br>576               | 1:12,52<br>555 | 15,99<br>551 | 12:45,04<br>579 | 2:47,35<br>567 | 32,56<br>566 | 22:14,07<br>568 | 3:44,90<br>561 | 46:24,77<br>608               | <b>5742</b>      |

L10K &amp; L6K, Potsdam, 26. bis 29.05.2022

| Platz<br>Rank | AK<br>Cat. | Name (Nation)<br>Name (Nation) | Verein<br>Team                        | Jahr/St.nr.<br>Birth/No. | 60 m               | 1.500 m<br>(2k =<br>2.000 m) | 400 m                | 100 m              | 3.000 m               | 800 m                | 200 m              | 5.000 m               | 1.000 m        | 10.000 m<br>(3k =<br>3.000 m) | Punkte<br>Points |
|---------------|------------|--------------------------------|---------------------------------------|--------------------------|--------------------|------------------------------|----------------------|--------------------|-----------------------|----------------------|--------------------|-----------------------|----------------|-------------------------------|------------------|
| 13            | WJ<br>4    | Dieckmann, Pauline (D)         | Harz-Gebirgslaufverein<br>Wernigerode | 2004<br>9                | 9,09<br>705        | 5:54,44<br>527               | 1:12,69<br>551       | 15,27<br>623       | 13:04,94<br>539       | 2:56,73<br>483       | 31,59<br>613       | 22:57,20<br>519       | 3:51,91<br>514 | 48:48,07<br>531               | 5605             |
| 14            | WJ<br>5    | Warmuth, Lena (D)              | USV TU Dresden                        | 2004<br>19               | 9,45<br>643        | 6:11,30<br>457               | 1:12,15<br>563       | 15,42<br>607       | 13:01,40<br>546       | 3:00,38<br>452       | 32,08<br>589       | 22:28,60<br>551       | 3:58,10<br>474 | 47:37,68<br>568               | 5450             |
| 15            | W20<br>5   | Petersen, Tatjana (D)          | TSV Rotkreuz / OSC Potsdam            | 1994<br>7                | 9,19<br>687        | 5:29,96<br>638               | 1:08,76<br>638       | 15,20<br>630       | 12:07,40<br>658       | 2:40,47<br>632       | 31,04<br>641       | 20:53,14<br>666       | ---            | ---                           | 5190             |
| 16            | W45<br>2   | Podjuklová, Iva (CZ)           | SK Hranice                            | 1974<br>14               | 9,99<br>557        | 6:12,13<br>453               | 1:18,30<br>439       | 16,26<br>525       | 13:28,00<br>495       | 2:57,95<br>473       | 33,51<br>522       | 23:26,60<br>487       | 3:56,28<br>485 | 49:44,33<br>501               | 4937             |
| 17            | W30<br>2   | Seidel, Marjoke (NL)           | AV Daventria 1906                     | 1990<br>18               | 10,06<br>546       | 6:12,20<br>453               | 1:16,76<br>468       | 16,69<br>485       | 14:02,14<br>433       | 3:03,93<br>424       | 33,95<br>502       | 23:57,06<br>455       | 3:58,36<br>472 | 50:11,04<br>488               | 4726             |
| 18            | W20<br>6   | Willig, Katharina (D)          | SG Weinstadt                          | 1999<br>22               | 9,84<br>580        | 6:30,93<br>381               | 1:17,79<br>448       | 16,40<br>512       | 13:49,76<br>455       | 3:07,34<br>397       | 33,80<br>508       | 24:08,91<br>442       | 4:06,54<br>422 | 50:16,27<br>485               | 4630             |
| 19            | W50<br>2   | Jichová, Ivana (CZ)            | TJ Nové Město na Moravě               | 1968<br>15               | 9,40<br>652        | 6:52,31<br>306               | 1:12,07<br>565       | 15,55<br>594       | 15:34,37<br>286       | 3:05,37<br>412       | 32,30<br>578       | 26:46,82<br>295       | 4:16,68<br>364 | 57:24,38<br>294               | 4346             |
| 20            | W45<br>3   | Warmuth, Nadine (D)            | SV TuR Dresden                        | 1977<br>21               | 10,31<br>508       | 6:25,87<br>400               | 1:19,58<br>415       | 17,08<br>451       | 13:51,51<br>451       | 3:17,11<br>324       | 35,48<br>435       | 24:45,35<br>406       | 4:19,44<br>348 | 51:51,46<br>439               | 4177             |
| 21            | W20<br>7   | Drost, Ellen (NL)              | AV De Gemzen                          | 2001<br>23               | 10,21<br>523       | 6:39,33<br>351               | 1:20,20<br>403       | 16,53<br>500       | 14:29,99<br>385       | 3:26,80<br>260       | 35,22<br>446       | 25:29,71<br>363       | 4:24,13<br>323 | 55:32,89<br>339               | 3893             |
| 22            | W20<br>8   | Wiek, Nele (D)                 | HSV Wildau                            | 1998<br>20               | 9,93<br>566        | 7:11,89<br>245               | 1:23,53<br>345       | 16,61<br>493       | 15:13,48<br>316       | 3:23,54<br>281       | 34,58<br>474       | 26:44,91<br>297       | 4:21,17<br>339 | 57:33,43<br>291               | 3647             |
| 23            | W50<br>3   | Timm, Jana (D)                 | LAV Halensia                          | 1971<br>25               | 11,00<br>411       | 6:46,90<br>324               | 1:26,51<br>297       | 18,46<br>338       | 14:48,38<br>355       | 3:22,18<br>290       | 38,41<br>322       | 25:24,04<br>369       | 4:28,95<br>299 | 52:00,14<br>435               | 3440             |
| 24            | W60<br>1   | Hackbarth, Ute (D)             | LSV Pirna                             | 1962<br>24               | 10,98<br>414       | 6:57,01<br>291               | 1:28,28<br>270       | 18,33<br>348       | 14:29,99<br>385       | 3:30,00<br>240       | 38,44<br>321       | 25:20,91<br>372       | 4:35,16<br>268 | 52:24,52<br>423               | 3332             |
| 25            | W65<br>1   | Schubert, Rita (D)             | VfL Brandenburg                       | 1954<br>28               | 11,58<br>338 [793] | 6:53,37<br>303 [753]         | 1:24,00<br>337 [793] | 18,73<br>318 [770] | 14:43,06<br>364 [822] | 3:21,07<br>297 [746] | 39,74<br>276 [720] | 25:34,48<br>359 [817] | 4:24,27<br>323 | 54:03,20<br>378 [838]         | 3293<br>[7052]   |
| 26            | W45<br>4   | Eichardt, Anna (D)             | LG Winterlingen                       | 1973<br>29               | 10,94<br>419       | 6:49,81<br>315               | 1:27,89<br>276       | 18,35<br>347       | 14:50,96<br>351       | 3:30,48<br>237       | 39,16<br>295       | 25:37,72<br>356       | 4:34,25<br>273 | 52:45,00<br>414               | 3283             |
| 27            | W55<br>1   | Bensch-Vasicek, Doreen (D)     | SG Chemie Zeitz                       | 1965<br>26               | 10,97<br>415       | 7:18,91<br>225               | 1:33,10<br>203       | 18,36<br>346       | 15:51,60<br>262       | 3:38,17<br>194       | 39,93<br>269       | 27:11,33<br>275       | 4:48,34<br>209 | 57:43,20<br>287               | 2685             |
| 28            | W35<br>3   | Greiner, Heidi (D)             | SV Sömmerda e.V.                      | 1983<br>31               | 11,58<br>338       | 8:17,84<br>89                | 1:40,62<br>118       | 18,71<br>319       | 17:42,58<br>132       | 4:00,67<br>91        | 40,78<br>242       | 30:10,34<br>149       | 5:01,85<br>156 | 66:04,70<br>126               | 1760             |

L10K &amp; L6K, Potsdam, 26. bis 29.05.2022

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|---------------------|------------|--------------------------------|--|--------------------------|-------------|------------------------------|----------------|--------------|-----------------|----------------|--------------|-----------------|----------------|-------------------------------|------------------|
| <b>Männer - Men</b> |            |                                | <b>Läuferzehnkampf<br/>Runners Decathlon</b> |                          |             |                              |                |              |                 |                |              |                 |                |                               |                  |
| 1                   | M20<br>1   | Timm, Jascha (D)               | LAV Halensia                                 | 2000<br>106              | 8,58<br>611 | 4:09,46<br>795               | 56,60<br>704   | 13,58<br>632 | 8:56,10<br>832  | 2:05,35<br>734 | 26,86<br>661 | 15:39,55<br>815 | 2:41,10<br>775 | 33:00,14<br>825               | 7384             |
| 2                   | M20<br>2   | Schöning, Niklas (D)           | SV Stahl Hennigsdorf                         | 1999<br>105              | 8,43<br>639 | 4:13,11<br>772               | 57,54<br>678   | 13,68<br>621 | 8:57,60<br>827  | 2:08,25<br>698 | 27,54<br>622 | 15:30,60<br>830 | 2:42,92<br>757 | 32:35,35<br>845               | 7289             |
| 3                   | M20<br>3   | Tesfazghi Hayalu, Samsom (D)   | SV Sömmerda e.V.                             | 1994<br>101              | 8,06<br>710 | 4:27,07<br>686               | 56,90<br>696   | 13,09<br>690 | 9:29,49<br>736  | 2:09,54<br>682 | 26,22<br>699 | 16:32,16<br>728 | 2:48,00<br>709 | 33:40,59<br>793               | 7129             |
| 4                   | M20<br>4   | van Aalten, Thijs (NL)         | D.A.V. Kronos                                | 1997<br>109              | 8,16<br>690 | 4:28,77<br>676               | 56,38<br>711   | 13,29<br>666 | 9:59,37<br>655  | 2:11,55<br>658 | 26,04<br>710 | 17:09,23<br>670 | 2:49,95<br>691 | 35:52,95<br>692               | 6819             |
| 5                   | M20<br>5   | Pistorius, Nart (NL)           | D.A.V. Kronos                                | 1999<br>111              | 8,19<br>684 | 4:33,16<br>651               | 55,82<br>726   | 13,18<br>679 | 9:59,29<br>655  | 2:11,61<br>657 | 25,87<br>721 | 17:09,27<br>670 | 2:51,20<br>679 | 36:11,58<br>679               | 6801             |
| 6                   | M20<br>6   | Onderdijk, Jurian (NL)         | AV De Gemzen                                 | 1995<br>103              | 7,99<br>723 | 4:33,84<br>647               | 54,51<br>764   | 12,51<br>762 | 10:27,67<br>583 | 2:12,09<br>651 | 25,06<br>771 | 18:24,85<br>559 | 2:55,28<br>642 | 38:55,10<br>565               | 6667             |
| 7                   | M20<br>7   | Winkler, Benjamin (D)          | TuS Osterburg 90 Weida                       | 1994<br>108              | 8,43<br>639 | 4:33,39<br>649               | 57,17<br>689   | 13,56<br>634 | 9:59,30<br>655  | 2:11,63<br>657 | 27,16<br>644 | 17:40,85<br>622 | 2:55,46<br>640 | 36:49,20<br>652               | 6481             |
| 8                   | M20<br>8   | Kempel, Maximilian (D)         | SV Sömmerda e.V.                             | 1996<br>102              | 7,39<br>847 | 4:49,88<br>558               | 51,36<br>859   | 11,74<br>863 | 11:49,64<br>397 | 2:05,62<br>731 | 23,49<br>874 | 22:09,57<br>289 | 2:45,27<br>735 | 46:33,15<br>302               | 6455             |
| 9                   | M35<br>1   | Greiner, Daniel (D)            | SV Sömmerda e.V.                             | 1984<br>120              | 8,98<br>540 | 4:33,88<br>647               | 1:00,85<br>591 | 14,69<br>510 | 9:48,72<br>683  | 2:16,17<br>604 | 28,88<br>548 | 16:52,76<br>696 | 2:59,78<br>602 | 34:29,49<br>755               | 6176             |
| 10                  | M20<br>9   | Bosboom, Vincent (NL)          | D.A.V. Kronos                                | 1997<br>107              | 8,56<br>615 | 4:44,96<br>585               | 1:00,00<br>613 | 13,63<br>626 | 10:26,37<br>586 | 2:16,50<br>600 | 27,65<br>616 | 18:10,52<br>579 | 3:02,53<br>578 | 37:50,21<br>609               | 6007             |
| 11                  | M45<br>1   | Collinet, Thomas (F)           | ASMS Sarrebourg                              | 1974<br>116              | 8,66<br>597 | 4:46,78<br>575               | 1:00,14<br>609 | 13,93<br>592 | 10:31,47<br>573 | 2:16,88<br>596 | 28,47<br>570 | 18:19,05<br>567 | 3:03,01<br>574 | 38:17,11<br>591               | 5844             |
| 12                  | M30<br>1   | Jokisch, Georg (D)             | FLB Cottbus                                  | 1988<br>117              | 8,16<br>690 | 4:54,43<br>534               | 59,16<br>635   | 13,13<br>685 | 10:52,39<br>523 | 2:20,91<br>551 | 26,57<br>678 | 19:29,14<br>473 | 3:10,59<br>512 | 41:52,44<br>454               | 5735             |
| 13                  | M30<br>2   | Gerber, Alexandre (F)          | Annecy Athlétisme                            | 1991<br>113              | 7,78<br>766 | 5:11,14<br>450               | 55,72<br>729   | 12,29<br>790 | 11:46,39<br>404 | 2:21,76<br>541 | 25,09<br>769 | 20:39,77<br>386 | 3:09,07<br>524 | 46:19,07<br>309               | 5668             |
| 14                  | M30<br>3   | Meerstra, Davied (NL)          | AV Daventria 1906                            | 1992<br>118              | 8,41<br>643 | 4:50,81<br>553               | 1:04,27<br>506 | 13,47<br>645 | 10:44,81<br>541 | 2:23,10<br>527 | 28,31<br>579 | 18:30,48<br>551 | 3:09,82<br>518 | 38:32,89<br>580               | 5643             |
| 15                  | M20<br>10  | Giro, Florent (F)              | Nice Côte d'Azur Athlétisme                  | 2001<br>112              | 8,45<br>635 | 4:53,35<br>540               | 1:02,14<br>558 | 13,69<br>620 | 10:40,60<br>551 | 2:23,28<br>525 | 27,86<br>604 | 18:40,36<br>538 | 3:08,17<br>531 | 40:28,22<br>505               | 5607             |

L10K &amp; L6K, Potsdam, 26. bis 29.05.2022

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|------------|-----------|--------------------------------|---------------------|--------------------------|-------------|------------------------------|----------------|--------------|-----------------|----------------|--------------|-----------------|----------------|-------------------------------|---------------|
| 16         | MJ<br>1   | Ruben, Vos (NL)                | De Gemzen           | 2003<br>129              | 8,78<br>575 | 5:03,33<br>489               | 1:02,97<br>538 | 13,95<br>590 | 10:44,18<br>543 | 2:23,70<br>520 | 28,84<br>550 | 18:52,83<br>521 | 3:10,97<br>509 | 39:52,43<br>528               | 5363          |
| 17         | M35<br>2  | Rathenow, Jann (D)             | Potsdamer Laufclub  | 1985<br>119              | 8,91<br>553 | 4:55,07<br>531               | 59,02<br>638   | 14,16<br>567 | 11:11,59<br>479 | 2:22,97<br>528 | 27,56<br>621 | 20:08,86<br>423 | 3:03,73<br>568 | 41:54,60<br>452               | 5360          |
| 18         | M30<br>4  | Espenhahn, Jano (D)            | Potsdamer Laufclub  | 1989<br>123              | 9,74<br>418 | 4:54,35<br>534               | 1:05,74<br>472 | 15,30<br>449 | 10:38,79<br>556 | 2:25,86<br>498 | 30,46<br>467 | 18:18,11<br>569 | 3:07,61<br>536 | 37:22,28<br>628               | 5127          |
| 19         | M40<br>1  | Morgner, Frank (D)             | Schwielowsee        | 1978<br>137              | 9,18<br>507 | 5:08,55<br>463               | 1:04,70<br>496 | 14,84<br>495 | 10:43,19<br>545 | 2:30,35<br>452 | 31,37<br>423 | 18:23,19<br>561 | 3:11,00<br>509 | 38:18,97<br>589               | 5040          |
| 20         | M50<br>1  | Heinrich, Enrico (D)           | LAV Halensia        | 1971<br>160              | 9,42<br>468 | 5:12,30<br>445               | 1:06,17<br>462 | 14,70<br>509 | 11:35,97<br>426 | 2:33,75<br>419 | 30,33<br>473 | 19:51,57<br>444 | 3:19,99<br>439 | 40:51,43<br>491               | 4576          |
| 21         | M50<br>2  | Stephan, Carsten (D)           | Schwedter Hasen     | 1970<br>135              | 8,75<br>581 | 5:38,01<br>331               | 1:03,92<br>515 | 13,96<br>589 | 12:09,22<br>358 | 2:38,61<br>374 | 27,82<br>606 | 20:45,87<br>379 | 3:25,57<br>399 | 43:16,58<br>405               | 4537          |
| 22         | M55<br>1  | Killilea, Tony (GB)            | London Heathside    | 1964<br>127              | 9,11<br>518 | 5:11,95<br>446               | 1:05,72<br>472 | 14,26<br>556 | 11:44,36<br>408 | 2:39,44<br>366 | 28,94<br>545 | 20:25,48<br>403 | 3:27,66<br>384 | 42:50,88<br>419               | 4517          |
| 23         | M20<br>11 | Kroep, Koen (NL)               | D.A.V. Kronos       | 2000<br>131              | 8,67<br>595 | 5:24,62<br>388               | 1:06,48<br>455 | 14,06<br>578 | 11:57,92<br>380 | 2:39,64<br>364 | 28,60<br>563 | 20:46,85<br>378 | 3:32,01<br>355 | 45:04,19<br>347               | 4403          |
| 24         | M50<br>3  | Vrátný, Kamil (CZ)             | AC Praha 1890       | 1972<br>122              | 8,48<br>630 | 5:32,64<br>353               | 1:05,27<br>483 | 13,68<br>621 | 12:29,59<br>320 | 2:34,36<br>413 | 28,21<br>584 | 22:01,89<br>296 | 3:31,18<br>360 | 47:01,40<br>288               | 4348          |
| 25         | M20<br>12 | Barner, Julian (D)             | OSC Potsdam         | 1996<br>134              | 8,81<br>570 | 5:30,75<br>361               | 1:07,69<br>428 | 14,28<br>554 | 11:58,56<br>379 | 2:40,45<br>357 | 28,72<br>556 | 20:47,16<br>378 | 3:33,10<br>347 | 44:14,23<br>373               | 4303          |
| 26         | M35<br>3  | Pfeuffer, Jörg (D)             | LG Erfurt           | 1984<br>128              | 9,85<br>402 | 5:09,76<br>457               | 1:07,13<br>441 | 15,36<br>443 | 11:31,87<br>434 | 2:44,33<br>324 | 30,86<br>447 | 19:47,89<br>449 | 3:26,43<br>393 | 40:58,73<br>486               | 4276          |
| 27         | M35<br>4  | Bouele, Cédric (CH)            | Delémont Athlétisme | 1985<br>115              | ---         | ---                          | ---            | 13,46<br>646 | 10:43,11<br>545 | 2:16,79<br>597 | 27,01<br>652 | 18:09,48<br>581 | 3:05,96<br>550 | 37:54,86<br>606               | 4177          |
| 28         | M20<br>13 | Pelgröm, Fabian (NL)           | D.A.V. Kronos       | 1995<br>126              | 8,82<br>568 | 5:35,42<br>341               | 1:04,82<br>493 | 14,29<br>553 | 12:23,76<br>330 | 2:40,17<br>360 | 29,02<br>540 | 21:47,42<br>311 | 3:35,37<br>333 | 46:17,11<br>310               | 4139          |
| 29         | M30<br>5  | Schirrmeister, Alexander (D)   | Hannover 96         | 1992<br>110              | 7,79<br>764 | 4:43,37<br>593               | 55,94<br>723   | 12,59<br>752 | 10:30,70<br>575 | 2:15,92<br>607 | ---          | ---             | ---            | ---                           | 4014          |
| 30         | M55<br>2  | Jaeger, Frank (D)              | SV Sömmerda e.V.    | 1964<br>136              | 9,58<br>443 | 5:39,84<br>323               | 1:08,68<br>407 | 15,07<br>472 | 11:49,71<br>397 | 2:40,57<br>356 | 31,03<br>439 | 20:25,74<br>403 | 3:31,78<br>356 | 43:00,84<br>414               | 4010          |
| 31         | M50<br>4  | Novotný, Zdeněk (CZ)           | Jiskra Litomyšl     | 1972<br>124              | 9,00<br>537 | 5:30,95<br>360               | 1:05,48<br>478 | 14,66<br>513 | 12:31,87<br>315 | 2:42,50<br>339 | 28,77<br>554 | 22:31,29<br>267 | 3:32,76<br>350 | 47:55,49<br>263               | 3976          |

L10K &amp; L6K, Potsdam, 26. bis 29.05.2022

| Platz Rank | AK Cat.  | Name (Nation)<br>Name (Nation) | Verein Team                   | Jahr/St.nr.<br>Birth/No. | 60 m               | 1.500 m<br>(2k =<br>2.000 m) | 400 m                | 100 m              | 3.000 m               | 800 m                | 200 m              | 5.000 m               | 1.000 m        | 10.000 m<br>(3k =<br>3.000 m) | Punkte Points  |
|------------|----------|--------------------------------|-------------------------------|--------------------------|--------------------|------------------------------|----------------------|--------------------|-----------------------|----------------------|--------------------|-----------------------|----------------|-------------------------------|----------------|
| 32         | M50<br>5 | Paschke, Alexander (D)         | LG Winterlingen               | 1970<br>130              | 9,91<br>393        | 5:27,72<br>374               | 1:11,46<br>350       | 15,83<br>399       | 11:45,01<br>407       | 2:39,99<br>361       | 32,37<br>377       | 20:27,09<br>401       | 3:28,63<br>378 | 42:46,04<br>422               | 3862           |
| 33         | M55<br>3 | Unger, Thomas (D)              | SV Lok Blankenburg 1949 e. V. | 1967<br>145              | 9,57<br>444        | 5:49,32<br>286               | 1:11,89<br>342       | 15,38<br>441       | 11:58,84<br>379       | 2:49,04<br>285       | 30,64<br>458       | 20:29,57<br>398       | 3:43,35<br>283 | 42:37,36<br>427               | 3743           |
| 34         | M45<br>2 | Schneegaß, Marco (D)           | 1. SV Gera                    | 1975<br>121              | 8,88<br>558        | 5:53,10<br>272               | 1:10,50<br>369       | 15,44<br>435       | 12:36,33<br>307       | 2:44,34<br>324       | 29,35<br>523       | 21:45,36<br>314       | 3:38,96<br>310 | 46:06,68<br>315               | 3727           |
| 35         | M50<br>6 | Stauß, Frank (D)               | LG Winterlingen               | 1970<br>140              | 9,91<br>393        | 5:39,84<br>323               | 1:12,43<br>331       | 17,34<br>272       | 12:57,16<br>271       | 2:47,31<br>299       | 32,56<br>369       | 21:49,56<br>309       | 3:41,15<br>296 | 46:35,46<br>301               | 3164           |
| 36         | M35<br>5 | Warmuth, Daniel (D)            | LG Nadine & Walter            | 1984<br>132              | 9,25<br>495        | 5:58,78<br>251               | 1:11,81<br>343       | 15,08<br>471       | 13:02,53<br>262       | 3:04,53<br>176       | 30,65<br>457       | 23:11,35<br>230       | 3:50,18<br>244 | 51:47,44<br>169               | 3098           |
| 37         | M55<br>4 | Pantke, Uwe (D)                | LAV Halensia                  | 1966<br>133              | 9,54<br>449        | 5:52,70<br>273               | 1:28,82<br>91        | 18,64<br>182       | 12:26,25<br>326       | 2:48,34<br>291       | 32,13<br>388       | 21:25,31<br>335       | 3:38,34<br>314 | 43:54,67<br>384               | 3033           |
| 38         | M35<br>6 | Küttel, Ueli (CH)              | LC Luzern                     | 1986<br>139              | 9,62<br>436        | 5:55,68<br>262               | 1:09,93<br>381       | 16,15<br>370       | 12:55,28<br>274       | 2:46,47<br>306       | 31,59<br>413       | 23:03,64<br>237       | 3:52,78<br>230 | 54:38,84<br>112               | 3021           |
| 39         | M55<br>5 | Radmann, Torsten (D)           | ASV Zeuthen                   | 1965<br>148              | 9,22<br>500        | 6:17,74<br>188               | 1:16,59<br>256       | 14,69<br>510       | 13:42,08<br>200       | 3:09,01<br>150       | 31,03<br>439       | 23:48,89<br>197       | 4:03,42<br>176 | 48:53,57<br>238               | 2854           |
| 40         | M55<br>6 | Balmer, Sven (D)               | OSC Potsdam                   | 1963<br>144              | 10,00<br>380       | 6:01,62<br>241               | 1:15,28<br>279       | 16,25<br>361       | 13:07,28<br>254       | 2:57,87<br>220       | 33,50<br>329       | 22:44,06<br>255       | 3:54,69<br>219 | 48:23,22<br>251               | 2789           |
| 41         | M45<br>3 | Warmuth, Uwe (D)               | Bautzener LV Rot-Weiß 90      | 1973<br>143              | 10,02<br>377       | 6:15,68<br>194               | 1:18,92<br>218       | 16,36<br>352       | 13:02,53<br>262       | 3:11,11<br>138       | 35,79<br>241       | 22:47,80<br>251       | 4:00,23<br>191 | 47:53,53<br>264               | 2488           |
| 42         | M60<br>1 | Hofner, Reinhard (D)           | MBB-SG Augsburg               | 1958<br>138              | 10,03<br>375       | 6:24,22<br>168               | 1:13,54<br>310       | 15,61<br>419       | 13:33,50<br>213       | 3:02,13<br>191       | 31,84<br>401       | 23:54,64<br>193       | ---            | 54:36,25<br>113               | 2383           |
| 43         | M70<br>1 | Rochau, Lothar (D)             | LAV Halensia                  | 1952<br>141              | 10,23<br>347 [795] | 6:23,26<br>171 [578]         | 1:17,29<br>245 [674] | 18,71<br>178 [588] | 13:51,26<br>187 [601] | 3:14,62<br>119 [504] | 37,83<br>174 [582] | 23:51,00<br>196 [612] | 4:20,68<br>104 | 49:35,22<br>220 [643]         | 1941<br>[5577] |
| 44         | M60<br>2 | Petrick, Carsten (D)           | LSV Niesky                    | 1958<br>147              | 9,82<br>406        | 6:43,47<br>116               | 1:19,11<br>215       | 16,26<br>360       | 14:56,33<br>107       | 3:16,27<br>111       | 34,59<br>285       | 26:37,85<br>82        | 4:17,62<br>116 | 57:10,65<br>72                | 1870           |
| 45         | M60<br>3 | Vasicek, Wolfgang (D)          | SG Chemie Zeitz               | 1958<br>150              | 10,78<br>276       | 6:30,12<br>151               | 1:23,19<br>157       | 17,24<br>280       | 13:55,68<br>181       | 3:23,06<br>80        | 35,81<br>240       | 24:08,20<br>182       | 4:24,41<br>91  | 49:57,99<br>211               | 1849           |
| 46         | M70<br>2 | Engert, Reinhardt (D)          | SV Stahl Hennigsdorf          | 1950<br>151              | 11,35<br>210 [630] | 6:46,27<br>110 [489]         | 1:27,83<br>102 [476] | 18,90<br>167 [572] | 13:54,96<br>182 [594] | 3:18,48<br>100 [474] | 42,38<br>64 [410]  | 23:27,67<br>215 [637] | 4:17,06<br>118 | 47:03,02<br>288 [726]         | 1556<br>[5008] |
| 47         | M50<br>7 | Schmidt, Jens (D)              | SCC Berlin                    | 1969<br>161              | 10,71<br>285       | 7:22,77<br>40                | 1:37,85<br>23        | 17,81<br>238       | 16:06,50<br>45        | 3:49,92<br>7         | 37,30<br>190       | 27:25,05<br>58        | 4:55,89<br>15  | 57:39,11<br>65                | 966            |

L10K &amp; L6K, Potsdam, 26. bis 29.05.2022

| Platz Rank          | AK Cat.   | Name (Nation)<br>Name (Nation) | Verein<br>Team   | Jahr/St.nr.<br>Birth/No. | 60 m               | 1.500 m<br>(2k =<br>2.000 m) | 400 m               | 100 m              | 3.000 m               | 800 m               | 200 m              | 5.000 m               | 1.000 m        | 10.000 m<br>(3k =<br>3.000 m) | Punkte<br>Points |
|---------------------|-----------|--------------------------------|--|--------------------------|--------------------|------------------------------|---------------------|--------------------|-----------------------|---------------------|--------------------|-----------------------|----------------|-------------------------------|------------------|
| 48                  | M70<br>3  | Spade, Frank (D)               | Läuferleben/Vegan Runners                                  | 1951<br>154              | 12,10<br>138 [530] | 6:56,65<br>86 [451]          | 1:31,19<br>69 [420] | 19,78<br>118 [502] | 14:41,19<br>124 [510] | 3:42,79<br>19 [307] | 41,66<br>78 [436]  | 25:35,13<br>119 [503] | 4:44,35<br>36  | 54:25,54<br>116 [499]         | 903<br>[4158]    |
| 49                  | M75<br>1  | Salzmann, Rolf (D)             | TSV Kirchdorf  | 1947<br>152              | 11,72<br>173 [682] | 7:17,32<br>48 [476]          | 1:29,23<br>87 [552] | 18,67<br>181 [694] | 15:51,66<br>56 [493]  | 3:29,73<br>54 [489] | 40,49<br>103 [578] | 28:02,48<br>42 [463]  | 4:44,86<br>35  | 59:09,43<br>46 [472]          | 825<br>[4899]    |
| 50                  | M65<br>1  | Holterman, Herman (NL)         | LAAC Twente  | 1953<br>153              | 13,53<br>42 [293]  | 7:59,06<br>5 [192]           | 1:50,34<br>1 [114]  | 27,62<br>1 [41]    | 16:59,82<br>16 [232]  | 4:02,93<br>1 [139]  | 49,61<br>1 [141]   | 28:38,97<br>29 [268]  | 5:05,32<br>5   | 59:38,18<br>41 [293]          | 142<br>[1713]    |
| 51                  | M70<br>4  | Warmuth, Walter (D)            | LG Nadine & Walter   | 1948<br>155              | 12,97<br>73 [426]  | 9:35,72<br>1 [61]            | 1:59,97<br>1 [84]   | 21,78<br>39 [360]  | 19:26,44<br>1 [136]   | 4:55,64<br>1 [23]   | 49,33<br>1 [205]   | 39:54,86<br>1 [11]    | 7:11,69<br>1   | 101:57,49<br>1 [1]            | 120<br>[1307]    |
| <b>Männer - Men</b> |           |                                | <b>Jugend-Läufersechskampf<br/>Youth Runners Hexathlon</b> |                          |                    |                              |                     |                    |                       |                     |                    |                       |                |                               |                  |
| 1                   | MU16<br>1 | Brandecker, Erik (D)           | Harz-Gebirgslaufverein<br>Wernigerode                      | 2008<br>156              | 8,23<br>677        | 6:57,19<br>2k 526            | ---                 | 13,19<br>678       | ---                   | 2:10,53<br>670      | ---                | ---                   | 3:00,18<br>599 | 11:07,44<br>3k 488            | 3638             |
| 2                   | MU16<br>2 | Warmuth, Jakob (D)             | SV TuR Dresden   | 2007<br>157              | 9,42<br>468        | 8:11,45<br>2k 289            | ---                 | 15,40<br>439       | ---                   | 2:56,48<br>230      | ---                | ---                   | 3:41,50<br>294 | 13:06,72<br>3k 255            | 1975             |

L10K &amp; L6K, Potsdam, 26. bis 29.05.2022

| Platz<br>Rank | AK<br>Cat. | Name (Nation)<br>Name (Nation) | Verein<br>Team  | Jahr/St.nr.<br>Birth/No. | 60 m               | 1.500 m<br>(2k =<br>2.000 m) | 400 m          | 100 m        | 3.000 m         | 800 m          | 200 m | 5.000 m         | 1.000 m | 10.000 m<br>(3k =<br>3.000 m) | Punkte<br>Points |
|---------------|------------|--------------------------------|---|--------------------------|--------------------|------------------------------|----------------|--------------|-----------------|----------------|-------|-----------------|---------|-------------------------------|------------------|
|               |            | <b>Frauen - Women</b>          | <b>Einzelne Disziplinen<br/>Separated disciplines</b> |                          |                    |                              |                |              |                 |                |       |                 |         |                               |                  |
| 301           | W30<br>301 | Oprei, Anna (D)                | Potsdamer Laufclub                                    | 1992<br>167              | ---                | ---                          | ---            | ---          | ---             | ---            | ---   | 19:52,22<br>745 | ---     | ---                           | 745              |
| 302           | W45<br>301 | Boede, Bianca (D)              | Potsdamer Laufclub                                    | 1977<br>164              | ---                | ---                          | ---            | ---          | ---             | ---            | ---   | 23:35,05<br>478 | ---     | ---                           | 478              |
| 303           | W50<br>301 | Seise, Anke (D)                | Röblinglaufverein                                     | 1970<br>27               | 23,45<br>1         | ---                          | ---            | ---          | ---             | ---            | ---   | ---             | ---     | ---                           | 1                |
|               |            | <b>Männer - Men</b>            | <b>Einzelne Disziplinen<br/>Separated disciplines</b> |                          |                    |                              |                |              |                 |                |       |                 |         |                               |                  |
| 301           | M20<br>301 | Daubié, Aymeric (F)            | US Toul Athlétisme                                    | 1997<br>104              | 7,36<br>854        | 4:51,72<br>548               | 53,37<br>798   | 11,79<br>856 | ---             | ---            | ---   | ---             | ---     | ---                           | 3056             |
| 302           | M20<br>302 | Riege, Marco (D)               | Potsdamer Laufclub                                    | 1993<br>163              | ---                | ---                          | 58,51<br>652   | ---          | ---             | 2:11,88<br>654 | ---   | ---             | ---     | ---                           | 1306             |
| 303           | M20<br>303 | Ziemer, Lukas (D)              | Potsdamer Laufclub                                    | 2001<br>159              | ---                | ---                          | 1:06,90<br>446 | ---          | ---             | 2:39,44<br>366 | ---   | 20:50,06<br>374 | ---     | ---                           | 1186             |
| 304           | M55<br>301 | Grobbe, Jan (NL)               | LAAC Twente   | 1964<br>149              | 10,45<br>318       | 6:16,68<br>191               | 1:18,45<br>226 | 17,74<br>243 | ---             | ---            | ---   | ---             | ---     | ---                           | 978              |
| 305           | M20<br>304 | Thurley, Tom (D)               | Potsdamer Laufclub                                    | 1993<br>168              | ---                | ---                          | ---            | ---          | ---             | ---            | ---   | ---             | ---     | 30:42,65<br>939               | 939              |
| 306           | M35<br>301 | Wendler, Lars (D)              | Chemnitzer LV MEGWARE                                 | 1987<br>158              | ---                | ---                          | ---            | ---          | 10:55,34<br>516 | ---            | ---   | ---             | ---     | ---                           | 516              |
| 307           | M30<br>301 | Huenges, Jan (D)               | Potsdamer Laufclub                                    | 1991<br>165              | ---                | ---                          | ---            | ---          | ---             | ---            | ---   | 19:51,33<br>445 | ---     | ---                           | 445              |
| 308           | M30<br>302 | Martin, Marcel (D)             | SPVGG Rommelshausen-LA<br>Kernen                      | 1992<br>166              | ---                | ---                          | ---            | ---          | ---             | ---            | ---   | 20:16,75<br>413 | ---     | ---                           | 413              |
| 309           | M65<br>301 | Mayer-Gebhart, Franz (D)       | LG Stadtwerke München                                 | 1954<br>142              | 11,01<br>248 [597] | ---                          | ---            | ---          | ---             | ---            | ---   | ---             | ---     | ---                           | 248<br>[597]     |
| 310           | M60<br>301 | Lechel, Herman (D)             | SCC Berlin  | 1961<br>162              | 23,64<br>1         | ---                          | ---            | ---          | ---             | ---            | ---   | ---             | ---     | ---                           | 1                |



**37. Internationaler Läuferzehnkampf 2022**

Potsdam, 26.05.2022

**Ergebnisse - Results****60 m (L10K, L6K)**

Potsdam, 60 m (L10K, L6K), 26.05.2022 13:00

| Platz<br>Rank         | Startnr.<br>Number | Name<br>Name           | Verein<br>Team                     | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time        | Punkte<br>Points | Lauf<br>Heat | Wind |
|-----------------------|--------------------|------------------------|------------------------------------|------------------|------------|---------------------|---------------------|------------------|--------------|------|
| <b>Frauen - Women</b> |                    |                        |                                    |                  |            |                     |                     |                  |              |      |
| 1                     | 3                  | Brandecker, Lea        | Harz-Gebirgslaufverein Wernigerode | D                | WJ         | 1                   | <b>8,55</b><br>* 30 | <b>802</b>       | 1            | -1,3 |
| 2                     | 13                 | Stephan, Isabel        | Schwedter Hasen                    | D                | WJ         | 2                   | <b>8,62</b><br>* 30 | <b>789</b>       | 1            | -1,3 |
| 3                     | 1                  | Zimmermann, Kristin    | Team Riedelbäck                    | D                | W30        | 1                   | <b>8,75</b>         | <b>765</b>       | 1            | -1,3 |
| 4                     | 11                 | Brehme, Jasmin         | SV Sömmerda e.V.                   | D                | W20        | 1                   | <b>9,00</b>         | <b>720</b>       | 1            | -1,3 |
| 5                     | 9                  | Dieckmann, Pauline     | Harz-Gebirgslaufverein Wernigerode | D                | WJ         | 3                   | <b>9,09</b>         | <b>705</b>       | 2            | -2,1 |
| 6                     | 8                  | Vis, Esmee             | AV De Gemzen                       | NL               | WJ         | 4                   | <b>9,10</b>         | <b>703</b>       | 3            | -1,3 |
| 7                     | 4                  | Heidel, Kathleen       | NSF Berlin                         | D                | W20        | 2                   | <b>9,12</b>         | <b>700</b>       | 1            | -1,3 |
| 8                     | 7                  | Petersen, Tatjana      | TSV Rotkreuz / OSC Potsdam         | D                | W20        | 3                   | <b>9,19</b>         | <b>687</b>       | 2            | -2,1 |
| 9                     | 5                  | Creuzot, Sarah         | US Toul Athlétisme                 | F                | W20        | 4                   | <b>9,38</b>         | <b>655</b>       | 2            | -2,1 |
| 10                    | 15                 | Jichová, Ivana         | TJ Nové Město na Moravě            | CZ               | W50        | 1                   | <b>9,40</b>         | <b>652</b>       | 2            | -2,1 |
| 11                    | 6                  | Brandecker, Yvonne     | Harz-Gebirgslaufverein Wernigerode | D                | W45        | 1                   | <b>9,42</b>         | <b>648</b>       | 2            | -2,1 |
| 12                    | 19                 | Warmuth, Lena          | USV TU Dresden                     | D                | WJ         | 5                   | <b>9,45</b>         | <b>643</b>       | 3            | -1,3 |
| 13                    | 17                 | Schlieker, Ellen       | VfL Brandenburg                    | D                | W50        | 2                   | <b>9,65</b>         | <b>611</b>       | 3            | -1,3 |
| 14                    | 12                 | Bauer, Karoline        | Chemnitzer LV MEGWARE              | D                | W35        | 1                   | <b>9,82</b>         | <b>583</b>       | 3            | -1,3 |
| 15                    | 22                 | Willig, Katharina      | SG Weinstadt                       | D                | W20        | 5                   | <b>9,84</b>         | <b>580</b>       | 4            | -0,6 |
| 16                    | 20                 | Wiek, Nele             | HSV Wildau                         | D                | W20        | 6                   | <b>9,93</b>         | <b>566</b>       | 2            | -2,1 |
| 17                    | 14                 | Podjuklová, Iva        | SK Hranice                         | CZ               | W45        | 2                   | <b>9,99</b>         | <b>557</b>       | 3            | -1,3 |
| 18                    | 10                 | Köhler, Ines           | FLB Cottbus                        | D                | W35        | 2                   | <b>10,04</b>        | <b>549</b>       | 3            | -1,3 |
| 19                    | 18                 | Seidel, Marjoke        | AV Daventria 1906                  | NL               | W30        | 2                   | <b>10,06</b>        | <b>546</b>       | 4            | -0,6 |
| 20                    | 23                 | Drost, Ellen           | AV De Gemzen                       | NL               | W20        | 7                   | <b>10,21</b>        | <b>523</b>       | 4            | -0,6 |
| 21                    | 21                 | Warmuth, Nadine        | SV TuR Dresden                     | D                | W45        | 3                   | <b>10,31</b>        | <b>508</b>       | 4            | -0,6 |
| 22                    | 16                 | den Besten, Celeste    | AV De Gemzen                       | NL               | W20        | 8                   | <b>10,73</b>        | <b>448</b>       | 4            | -0,6 |
| 23                    | 29                 | Eichardt, Anna         | LG Winterlingen                    | D                | W45        | 4                   | <b>10,94</b>        | <b>419</b>       | 5            | -1,4 |
| 24                    | 26                 | Bensch-Vasicek, Doreen | SG Chemie Zeitz                    | D                | W55        | 1                   | <b>10,97</b>        | <b>415</b>       | 5            | -1,4 |
| 25                    | 24                 | Hackbarth, Ute         | LSV Pirna                          | D                | W60        | 1                   | <b>10,98</b>        | <b>414</b>       | 5            | -1,4 |
| 26                    | 25                 | Timm, Jana             | LAV Halensia                       | D                | W50        | 3                   | <b>11,00</b>        | <b>411</b>       | 5            | -1,4 |

Potsdam, 60 m (L10K, L6K), 26.05.2022 13:00

| Platz<br>Rank       | Startnr.<br>Number | Name<br>Name             | Verein<br>Team                     | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time | Punkte<br>Points | Lauf<br>Heat | Wind |
|---------------------|--------------------|--------------------------|------------------------------------|------------------|------------|---------------------|--------------|------------------|--------------|------|
| 27                  | 31                 | Greiner, Heidi           | SV Sömmerda e.V.                   | D                | W35        | 3                   | 11,58        | 338              | 5            | -1,4 |
| 27                  | 28                 | Schubert, Rita           | VfL Brandenburg                    | D                | W65        | 1                   | 11,58        | 338<br>[793]     | 5            | -1,4 |
| 29                  | 27                 | Seise, Anke              | Röblinglaufverein                  | D                | W50        | 4                   | 23,45        | 1                | 4            | -0,6 |
| <b>Männer - Men</b> |                    |                          |                                    |                  |            |                     |              |                  |              |      |
| 1                   | 104                | Daubié, Aymeric          | US Toul Athlétisme                 | F                | M20        | 1                   | 7,36<br>* 30 | 854              | 6            | -1,5 |
| 2                   | 102                | Kempel, Maximilian       | SV Sömmerda e.V.                   | D                | M20        | 2                   | 7,39<br>* 30 | 847              | 6            | -1,5 |
| 3                   | 113                | Gerber, Alexandre        | Annecy Athlétisme                  | F                | M30        | 1                   | 7,78         | 766              | 6            | -1,5 |
| 4                   | 110                | Schirrmeister, Alexander | Hannover 96                        | D                | M30        | 2                   | 7,79         | 764              | 6            | -1,5 |
| 5                   | 103                | Onderdijk, Jurian        | AV De Gemzen                       | NL               | M20        | 3                   | 7,99         | 723              | 7            | -0,7 |
| 6                   | 101                | Tesfazghi Hayalu, Samsom | SV Sömmerda e.V.                   | D                | M20        | 4                   | 8,06         | 710              | 7            | -0,7 |
| 7                   | 109                | van Aalten, Thijs        | D.A.V. Kronos                      | NL               | M20        | 5                   | 8,16         | 690              | 7            | -0,7 |
| 7                   | 117                | Jokisch, Georg           | FLB Cottbus                        | D                | M30        | 3                   | 8,16         | 690              | 7            | -0,7 |
| 9                   | 111                | Pistorius, Nart          | D.A.V. Kronos                      | NL               | M20        | 6                   | 8,19         | 684              | 10           | -2,2 |
| 10                  | 156                | Brandecker, Erik         | Harz-Gebirgslaufverein Wernigerode | D                | MU16       | 1                   | 8,23         | 677              | 11           | -2,2 |
| 11                  | 118                | Meerstra, Davied         | AV Daventria 1906                  | NL               | M30        | 4                   | 8,41         | 643              | 8            | +0,0 |
| 12                  | 105                | Schöning, Niklas         | SV Stahl Hennigsdorf               | D                | M20        | 7                   | 8,43         | 639              | 8            | +0,0 |
| 12                  | 108                | Winkler, Benjamin        | TuS Osterburg 90 Weida             | D                | M20        | 7                   | 8,43         | 639              | 8            | +0,0 |
| 14                  | 112                | Giro, Florent            | Nice Côte d'Azur Athlétisme        | F                | M20        | 9                   | 8,45         | 635              | 6            | -1,5 |
| 15                  | 122                | Vrátný, Kamil            | AC Praha 1890                      | CZ               | M50        | 1                   | 8,48         | 630              | 8            | +0,0 |
| 16                  | 107                | Bosboom, Vincent         | D.A.V. Kronos                      | NL               | M20        | 10                  | 8,56         | 615              | 7            | -0,7 |
| 17                  | 106                | Timm, Jascha             | LAV Halensia                       | D                | M20        | 11                  | 8,58         | 611              | 7            | -0,7 |
| 18                  | 116                | Collinet, Thomas         | ASMS Sarrebourg                    | F                | M45        | 1                   | 8,66         | 597              | 9            | -2,6 |
| 19                  | 131                | Kroep, Koen              | D.A.V. Kronos                      | NL               | M20        | 12                  | 8,67         | 595              | 10           | -2,2 |
| 20                  | 135                | Stephan, Carsten         | Schwedter Hasen                    | D                | M50        | 2                   | 8,75         | 581              | 11           | -2,2 |
| 21                  | 129                | Ruben, Vos               | De Gemzen                          | NL               | MJ         | 1                   | 8,78         | 575              | 9            | -2,6 |
| 22                  | 134                | Barner, Julian           | OSC Potsdam                        | D                | M20        | 13                  | 8,81         | 570              | 10           | -2,2 |
| 23                  | 126                | Pelgröm, Fabian          | D.A.V. Kronos                      | NL               | M20        | 14                  | 8,82         | 568              | 9            | -2,6 |
| 24                  | 121                | Schneegaß, Marco         | 1. SV Gera                         | D                | M45        | 2                   | 8,88         | 558              | 9            | -2,6 |
| 25                  | 119                | Rathenow, Jann           | Potsdamer Laufclub                 | D                | M35        | 1                   | 8,91         | 553              | 8            | +0,0 |
| 26                  | 120                | Greiner, Daniel          | SV Sömmerda e.V.                   | D                | M35        | 2                   | 8,98         | 540              | 10           | -2,2 |

Potsdam, 60 m (L10K, L6K), 26.05.2022 13:00

| Platz<br>Rank | Startnr.<br>Number | Name<br>Name         | Verein<br>Team                | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time | Punkte<br>Points | Lauf<br>Heat | Wind |
|---------------|--------------------|----------------------|-------------------------------|------------------|------------|---------------------|--------------|------------------|--------------|------|
| 27            | 124                | Novotný, Zdeněk      | Jiskra Litomyšl               | CZ               | M50        | 3                   | 9,00         | 537              | 9            | -2,6 |
| 28            | 127                | Killilea, Tony       | London Heathside              | GB               | M55        | 1                   | 9,11         | 518              | 11           | -2,2 |
| 29            | 137                | Morgner, Frank       | Schwielowsee                  | D                | M40        | 1                   | 9,18         | 507              | 13           | -1,6 |
| 30            | 148                | Radmann, Torsten     | ASV Zeuthen                   | D                | M55        | 2                   | 9,22         | 500              | 14           | -3,8 |
| 31            | 132                | Warmuth, Daniel      | LG Nadine & Walter            | D                | M35        | 3                   | 9,25         | 495              | 9            | -2,6 |
| 32            | 157                | Warmuth, Jakob       | SV TuR Dresden                | D                | MU16       | 2                   | 9,42         | 468              | 11           | -2,2 |
| 32            | 160                | Heinrich, Enrico     | LAV Halensia                  | D                | M50        | 4                   | 9,42         | 468              | 10           | -2,2 |
| 34            | 133                | Pantke, Uwe          | LAV Halensia                  | D                | M55        | 3                   | 9,54         | 449              | 11           | -2,2 |
| 35            | 145                | Unger, Thomas        | SV Lok Blankenburg 1949 e. V. | D                | M55        | 4                   | 9,57         | 444              | 14           | -3,8 |
| 36            | 136                | Jaeger, Frank        | SV Sömmerda e.V.              | D                | M55        | 5                   | 9,58         | 443              | 12           | -5,2 |
| 37            | 139                | Küttel, Ueli         | LC Luzern                     | CH               | M35        | 4                   | 9,62         | 436              | 12           | -5,2 |
| 38            | 123                | Espenhahn, Jano      | Potsdamer Laufclub            | D                | M30        | 5                   | 9,74         | 418              | 10           | -2,2 |
| 39            | 147                | Petrick, Carsten     | LSV Niesky                    | D                | M60        | 1                   | 9,82         | 406              | 13           | -1,6 |
| 40            | 128                | Pfeuffer, Jörg       | LG Erfurt                     | D                | M35        | 5                   | 9,85         | 402              | 12           | -5,2 |
| 41            | 130                | Paschke, Alexander   | LG Winterlingen               | D                | M50        | 5                   | 9,91         | 393              | 12           | -5,2 |
| 41            | 140                | Stauß, Frank         | LG Winterlingen               | D                | M50        | 5                   | 9,91         | 393              | 13           | -1,6 |
| 43            | 144                | Balmer, Sven         | OSC Potsdam                   | D                | M55        | 6                   | 10,00        | 380              | 12           | -5,2 |
| 44            | 143                | Warmuth, Uwe         | Bautzener LV Rot-Weiß 90      | D                | M45        | 3                   | 10,02        | 377              | 13           | -1,6 |
| 45            | 138                | Hofner, Reinhard     | MBB-SG Augsburg               | D                | M60        | 2                   | 10,03        | 375              | 12           | -5,2 |
| 46            | 141                | Rochau, Lothar       | LAV Halensia                  | D                | M70        | 1                   | 10,23        | 347<br>[795]     | 13           | -1,6 |
| 47            | 149                | Grobben, Jan         | LAAC Twente                   | NL               | M55        | 7                   | 10,45        | 318              | 14           | -3,8 |
| 48            | 161                | Schmidt, Jens        | SCC Berlin                    | D                | M50        | 7                   | 10,71        | 285              | 15           | +0,3 |
| 49            | 150                | Vasicek, Wolfgang    | SG Chemie Zeitz               | D                | M60        | 3                   | 10,78        | 276              | 14           | -3,8 |
| 50            | 142                | Mayer-Gebhart, Franz | LG Stadtwerke München         | D                | M65        | 1                   | 11,01        | 248<br>[597]     | 14           | -3,8 |
| 51            | 151                | Engert, Reinhardt    | SV Stahl Hennigsdorf          | D                | M70        | 2                   | 11,35        | 210<br>[630]     | 14           | -3,8 |
| 52            | 152                | Salzmann, Rolf       | TSV Kirchdorf                 | D                | M75        | 1                   | 11,72        | 173<br>[682]     | 15           | +0,3 |
| 53            | 154                | Spade, Frank         | Laufleben/Vegan Runners       | D                | M70        | 3                   | 12,10        | 138<br>[530]     | 15           | +0,3 |
| 54            | 155                | Warmuth, Walter      | LG Nadine & Walter            | D                | M70        | 4                   | 12,97        | 73<br>[426]      | 15           | +0,3 |
| 55            | 153                | Holterman, Herman    | LAAC Twente                   | NL               | M65        | 2                   | 13,53        | 42<br>[293]      | 15           | +0,3 |
| 56            | 162                | Lechel, Herman       | SCC Berlin                    | D                | M60        | 4                   | 23,64        | 1                | 15           | +0,3 |

**37. Internationaler Läuferzehnkampf 2022**

Potsdam, 26.05.2022

**Ergebnisse - Results 1.500 m (L10K)**

Potsdam, 1.500 m (L10K), 26.05.2022 14:45

| Platz<br>Rank         | Startnr.<br>Number | Name<br>Name        | Verein<br>Team                     | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time            | Punkte<br>Points | Lauf<br>Heat |
|-----------------------|--------------------|---------------------|------------------------------------|------------------|------------|---------------------|-------------------------|------------------|--------------|
| <b>Frauen - Women</b> |                    |                     |                                    |                  |            |                     |                         |                  |              |
| 1                     | 1                  | Zimmermann, Kristin | Team Riedelbäck                    | D                | W30        | 1                   | <b>4:44,83</b><br>** 10 | 871              | 1            |
| 2                     | 10                 | Köhler, Ines        | FLB Cottbus                        | D                | W35        | 1                   | <b>5:23,02</b>          | 672              | 1            |
| 3                     | 8                  | Vis, Esmee          | AV De Gemzen                       | NL               | WJ         | 1                   | <b>5:26,42</b>          | 655              | 1            |
| 4                     | 4                  | Heidel, Kathleen    | NSF Berlin                         | D                | W20        | 1                   | <b>5:26,46</b>          | 655              | 1            |
| 5                     | 16                 | den Besten, Celeste | AV De Gemzen                       | NL               | W20        | 2                   | <b>5:26,86</b>          | 653              | 1            |
| 6                     | 5                  | Creuzot, Sarah      | US Toul Athlétisme                 | F                | W20        | 3                   | <b>5:27,35</b>          | 651              | 1            |
| 7                     | 7                  | Petersen, Tatjana   | TSV Rotkreuz / OSC Potsdam         | D                | W20        | 4                   | <b>5:29,96</b>          | 638              | 1            |
| 8                     | 12                 | Bauer, Karoline     | Chemnitzer LV MEGWARE              | D                | W35        | 2                   | <b>5:32,33</b>          | 627              | 1            |
| 9                     | 6                  | Brandecker, Yvonne  | Harz-Gebirgslaufverein Wernigerode | D                | W45        | 1                   | <b>5:39,44</b>          | 594              | 1            |
| 10                    | 17                 | Schlieker, Ellen    | VfL Brandenburg                    | D                | W50        | 1                   | <b>5:43,36</b>          | 576              | 2            |
| 11                    | 11                 | Brehme, Jasmin      | SV Sömmerda e.V.                   | D                | W20        | 5                   | <b>5:43,47</b>          | 576              | 2            |
| 12                    | 9                  | Dieckmann, Pauline  | Harz-Gebirgslaufverein Wernigerode | D                | WJ         | 2                   | <b>5:54,44</b>          | 527              | 1            |
| 13                    | 3                  | Brandecker, Lea     | Harz-Gebirgslaufverein Wernigerode | D                | WJ         | 3                   | <b>5:55,58</b>          | 522              | 1            |
| 14                    | 13                 | Stephan, Isabel     | Schwedter Hasen                    | D                | WJ         | 4                   | <b>6:07,53</b>          | 472              | 2            |
| 15                    | 19                 | Warmuth, Lena       | USV TU Dresden                     | D                | WJ         | 5                   | <b>6:11,30</b>          | 457              | 2            |
| 16                    | 14                 | Podjuklová, Iva     | SK Hranice                         | CZ               | W45        | 2                   | <b>6:12,13</b>          | 453              | 1            |
| 17                    | 18                 | Seidel, Marjoke     | AV Daventria 1906                  | NL               | W30        | 2                   | <b>6:12,20</b>          | 453              | 1            |
| 18                    | 21                 | Warmuth, Nadine     | SV TuR Dresden                     | D                | W45        | 3                   | <b>6:25,87</b>          | 400              | 2            |
| 19                    | 22                 | Willig, Katharina   | SG Weinstadt                       | D                | W20        | 6                   | <b>6:30,93</b>          | 381              | 2            |
| 20                    | 23                 | Drost, Ellen        | AV De Gemzen                       | NL               | W20        | 7                   | <b>6:39,33</b>          | 351              | 2            |
| 21                    | 25                 | Timm, Jana          | LAV Halensia                       | D                | W50        | 2                   | <b>6:46,90</b>          | 324              | 2            |
| 22                    | 29                 | Eichardt, Anna      | LG Winterlingen                    | D                | W45        | 4                   | <b>6:49,81</b>          | 315              | 2            |
| 23                    | 15                 | Jichová, Ivana      | TJ Nové Město na Moravě            | CZ               | W50        | 3                   | <b>6:52,31</b>          | 306              | 2            |
| 24                    | 28                 | Schubert, Rita      | VfL Brandenburg                    | D                | W65        | 1                   | <b>6:53,37</b>          | 303<br>[753]     | 2            |
| 25                    | 24                 | Hackbarth, Ute      | LSV Pirna                          | D                | W60        | 1                   | <b>6:57,01</b>          | 291              | 2            |
| 26                    | 20                 | Wiek, Nele          | HSV Wildau                         | D                | W20        | 8                   | <b>7:11,89</b>          | 245              | 2            |

Potsdam, 1.500 m (L10K), 26.05.2022 14:45

| Platz<br>Rank       | Startnr.<br>Number | Name<br>Name             | Verein<br>Team              | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time | Punkte<br>Points | Lauf<br>Heat |
|---------------------|--------------------|--------------------------|-----------------------------|------------------|------------|---------------------|--------------|------------------|--------------|
| 27                  | 26                 | Bensch-Vasicek, Doreen   | SG Chemie Zeitz             | D                | W55        | 1                   | 7:18,91      | 225              | 2            |
| 28                  | 31                 | Greiner, Heidi           | SV Sömmerda e.V.            | D                | W35        | 3                   | 8:17,84      | 89               | 2            |
| <b>Männer - Men</b> |                    |                          |                             |                  |            |                     |              |                  |              |
| 1                   | 106                | Timm, Jascha             | LAV Halensia                | D                | M20        | 1                   | 4:09,46      | 795              | 3            |
| 2                   | 105                | Schöning, Niklas         | SV Stahl Hennigsdorf        | D                | M20        | 2                   | 4:13,11      | 772              | 3            |
| 3                   | 101                | Tesfazghi Hayalu, Samsom | SV Sömmerda e.V.            | D                | M20        | 3                   | 4:27,07      | 686              | 3            |
| 4                   | 109                | van Aalten, Thijs        | D.A.V. Kronos               | NL               | M20        | 4                   | 4:28,77      | 676              | 3            |
| 5                   | 111                | Pistorius, Nart          | D.A.V. Kronos               | NL               | M20        | 5                   | 4:33,16      | 651              | 3            |
| 6                   | 108                | Winkler, Benjamin        | TuS Osterburg 90 Weida      | D                | M20        | 6                   | 4:33,39      | 649              | 3            |
| 7                   | 103                | Onderdijk, Jurian        | AV De Gemzen                | NL               | M20        | 7                   | 4:33,84      | 647              | 3            |
| 8                   | 120                | Greiner, Daniel          | SV Sömmerda e.V.            | D                | M35        | 1                   | 4:33,88      | 647              | 3            |
| 9                   | 110                | Schirrmeister, Alexander | Hannover 96                 | D                | M30        | 1                   | 4:43,37      | 593              | 3            |
| 10                  | 107                | Bosboom, Vincent         | D.A.V. Kronos               | NL               | M20        | 8                   | 4:44,96      | 585              | 3            |
| 11                  | 116                | Collinet, Thomas         | ASMS Sarrebourg             | F                | M45        | 1                   | 4:46,78      | 575              | 3            |
| 12                  | 102                | Kempel, Maximilian       | SV Sömmerda e.V.            | D                | M20        | 9                   | 4:49,88      | 558              | 4            |
| 13                  | 118                | Meerstra, Davied         | AV Daventria 1906           | NL               | M30        | 2                   | 4:50,81      | 553              | 4            |
| 14                  | 104                | Daubié, Aymeric          | US Toul Athlétisme          | F                | M20        | 10                  | 4:51,72      | 548              | 4            |
| 15                  | 112                | Giro, Florent            | Nice Côte d'Azur Athlétisme | F                | M20        | 11                  | 4:53,35      | 540              | 3            |
| 16                  | 123                | Espenhahn, Jano          | Potsdamer Laufclub          | D                | M30        | 3                   | 4:54,35      | 534              | 4            |
| 17                  | 117                | Jokisch, Georg           | FLB Cottbus                 | D                | M30        | 4                   | 4:54,43      | 534              | 4            |
| 18                  | 119                | Rathenow, Jann           | Potsdamer Laufclub          | D                | M35        | 2                   | 4:55,07      | 531              | 4            |
| 19                  | 129                | Ruben, Vos               | De Gemzen                   | NL               | MJ         | 1                   | 5:03,33      | 489              | 5            |
| 20                  | 137                | Morgner, Frank           | Schwielowsee                | D                | M40        | 1                   | 5:08,55      | 463              | 5            |
| 21                  | 128                | Pfeuffer, Jörg           | LG Erfurt                   | D                | M35        | 3                   | 5:09,76      | 457              | 4            |
| 22                  | 113                | Gerber, Alexandre        | Annecy Athlétisme           | F                | M30        | 5                   | 5:11,14      | 450              | 4            |
| 23                  | 127                | Killilea, Tony           | London Heathside            | GB               | M55        | 1                   | 5:11,95      | 446              | 4            |
| 24                  | 160                | Heinrich, Enrico         | LAV Halensia                | D                | M50        | 1                   | 5:12,30      | 445              | 4            |
| 25                  | 131                | Kroep, Koen              | D.A.V. Kronos               | NL               | M20        | 12                  | 5:24,62      | 388              | 5            |
| 26                  | 130                | Paschke, Alexander       | LG Winterlingen             | D                | M50        | 2                   | 5:27,72      | 374              | 4            |
| 27                  | 134                | Barner, Julian           | OSC Potsdam                 | D                | M20        | 13                  | 5:30,75      | 361              | 5            |

Potsdam, 1.500 m (L10K), 26.05.2022 14:45

| Platz<br>Rank | Startnr.<br>Number | Name<br>Name      | Verein<br>Team                | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time | Punkte<br>Points | Lauf<br>Heat |
|---------------|--------------------|-------------------|-------------------------------|------------------|------------|---------------------|--------------|------------------|--------------|
| 28            | 124                | Novotný, Zdeněk   | Jiskra Litomyšl               | CZ               | M50        | 3                   | 5:30,95      | 360              | 4            |
| 29            | 122                | Vrátný, Kamil     | AC Praha 1890                 | CZ               | M50        | 4                   | 5:32,64      | 353              | 5            |
| 30            | 126                | Pelgröm, Fabian   | D.A.V. Kronos                 | NL               | M20        | 14                  | 5:35,42      | 341              | 5            |
| 31            | 135                | Stephan, Carsten  | Schwedter Hasen               | D                | M50        | 5                   | 5:38,01      | 331              | 5            |
| 32            | 140                | Stauß, Frank      | LG Winterlingen               | D                | M50        | 6                   | 5:39,84      | 323              | 5            |
| 32            | 136                | Jaeger, Frank     | SV Sömmerda e.V.              | D                | M55        | 2                   | 5:39,84      | 323              | 5            |
| 34            | 145                | Unger, Thomas     | SV Lok Blankenburg 1949 e. V. | D                | M55        | 3                   | 5:49,32      | 286              | 6            |
| 35            | 133                | Pantke, Uwe       | LAV Halensia                  | D                | M55        | 4                   | 5:52,70      | 273              | 4            |
| 36            | 121                | Schneegaß, Marco  | 1. SV Gera                    | D                | M45        | 2                   | 5:53,10      | 272              | 4            |
| 37            | 139                | Küttel, Ueli      | LC Luzern                     | CH               | M35        | 4                   | 5:55,68      | 262              | 5            |
| 38            | 132                | Warmuth, Daniel   | LG Nadine & Walter            | D                | M35        | 5                   | 5:58,78      | 251              | 5            |
| 39            | 144                | Balmer, Sven      | OSC Potsdam                   | D                | M55        | 5                   | 6:01,62      | 241              | 6            |
| 40            | 143                | Warmuth, Uwe      | Bautzener LV Rot-Weiß 90      | D                | M45        | 3                   | 6:15,68      | 194              | 5            |
| 41            | 149                | Grobben, Jan      | LAAC Twente                   | NL               | M55        | 6                   | 6:16,68      | 191              | 6            |
| 42            | 148                | Radmann, Torsten  | ASV Zeuthen                   | D                | M55        | 7                   | 6:17,74      | 188              | 6            |
| 43            | 141                | Rochau, Lothar    | LAV Halensia                  | D                | M70        | 1                   | 6:23,26      | 171<br>[578]     | 6            |
| 44            | 138                | Hofner, Reinhard  | MBB-SG Augsburg               | D                | M60        | 1                   | 6:24,22      | 168              | 5            |
| 45            | 150                | Vasicek, Wolfgang | SG Chemie Zeitz               | D                | M60        | 2                   | 6:30,12      | 151              | 6            |
| 46            | 147                | Petrick, Carsten  | LSV Niesky                    | D                | M60        | 3                   | 6:43,47      | 116              | 6            |
| 47            | 151                | Engert, Reinhardt | SV Stahl Hennigsdorf          | D                | M70        | 2                   | 6:46,27      | 110<br>[489]     | 6            |
| 48            | 154                | Spade, Frank      | Lauf erleben/Vegan Runners    | D                | M70        | 3                   | 6:56,65      | 86<br>[451]      | 6            |
| 49            | 152                | Salzmann, Rolf    | TSV Kirchdorf                 | D                | M75        | 1                   | 7:17,32      | 48<br>[476]      | 6            |
| 50            | 161                | Schmidt, Jens     | SCC Berlin                    | D                | M50        | 7                   | 7:22,77      | 40               | 6            |
| 51            | 153                | Holterman, Herman | LAAC Twente                   | NL               | M65        | 1                   | 7:59,06      | 5<br>[192]       | 6            |
| 52            | 155                | Warmuth, Walter   | LG Nadine & Walter            | D                | M70        | 4                   | 9:35,72      | 1<br>[61]        | 6            |

**37. Internationaler Läuferzehnkampf 2022**

Potsdam, 26.05.2022

**Ergebnisse - Results 2.000 m (L6K)**

Potsdam, 2.000 m (L6K), 26.05.2022 16:00

| Platz<br>Rank | Startnr.<br>Number | Name<br>Name | Verein<br>Team | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time | Punkte<br>Points | Lauf<br>Heat |
|---------------|--------------------|--------------|----------------|------------------|------------|---------------------|--------------|------------------|--------------|
|---------------|--------------------|--------------|----------------|------------------|------------|---------------------|--------------|------------------|--------------|

**Männer - Men**

|   |     |                  |                                    |   |      |   |                  |     |   |
|---|-----|------------------|------------------------------------|---|------|---|------------------|-----|---|
| 1 | 156 | Brandecker, Erik | Harz-Gebirgslaufverein Wernigerode | D | MU16 | 1 | 6:57,19<br>*** 1 | 526 | 1 |
| 2 | 157 | Warmuth, Jakob   | SV TuR Dresden                     | D | MU16 | 2 | 8:11,45          | 289 | 1 |

**Frauen - Women**

**37. Internationaler Läuferzehnkampf 2022**

Potsdam, 26.05.2022

**Ergebnisse - Results 400 m (L10K)**

Potsdam, 400 m (L10K), 26.05.2022 17:00

| Platz<br>Rank         | Startnr.<br>Number | Name<br>Name        | Verein<br>Team                     | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time           | Punkte<br>Points | Lauf<br>Heat |
|-----------------------|--------------------|---------------------|------------------------------------|------------------|------------|---------------------|------------------------|------------------|--------------|
| <b>Frauen - Women</b> |                    |                     |                                    |                  |            |                     |                        |                  |              |
| 1                     | 1                  | Zimmermann, Kristin | Team Riedelbäck                    | D                | W30        | 1                   | <b>1:01,83</b><br>* 30 | 806              | 1            |
| 2                     | 3                  | Brandecker, Lea     | Harz-Gebirgslaufverein Wernigerode | D                | WJ         | 1                   | <b>1:06,26</b>         | 697              | 1            |
| 3                     | 5                  | Creuzot, Sarah      | US Toul Athlétisme                 | F                | W20        | 1                   | <b>1:06,66</b>         | 687              | 1            |
| 4                     | 4                  | Heidel, Kathleen    | NSF Berlin                         | D                | W20        | 2                   | <b>1:07,08</b>         | 677              | 1            |
| 5                     | 8                  | Vis, Esmee          | AV De Gemzen                       | NL               | WJ         | 2                   | <b>1:08,18</b>         | 651              | 2            |
| 6                     | 7                  | Petersen, Tatjana   | TSV Rotkreuz / OSC Potsdam         | D                | W20        | 3                   | <b>1:08,76</b>         | 638              | 2            |
| 7                     | 13                 | Stephan, Isabel     | Schwedter Hasen                    | D                | WJ         | 3                   | <b>1:09,05</b>         | 632              | 4            |
| 7                     | 11                 | Brehme, Jasmin      | SV Sömmerda e.V.                   | D                | W20        | 4                   | <b>1:09,05</b>         | 632              | 3            |
| 9                     | 12                 | Bauer, Karoline     | Chemnitzer LV MEGWARE              | D                | W35        | 1                   | <b>1:10,31</b>         | 603              | 2            |
| 10                    | 10                 | Köhler, Ines        | FLB Cottbus                        | D                | W35        | 2                   | <b>1:11,40</b>         | 579              | 2            |
| 11                    | 15                 | Jichová, Ivana      | TJ Nové Město na Moravě            | CZ               | W50        | 1                   | <b>1:12,07</b>         | 565              | 2            |
| 12                    | 16                 | den Besten, Celeste | AV De Gemzen                       | NL               | W20        | 5                   | <b>1:12,09</b>         | 564              | 3            |
| 13                    | 19                 | Warmuth, Lena       | USV TU Dresden                     | D                | WJ         | 4                   | <b>1:12,15</b>         | 563              | 4            |
| 14                    | 6                  | Brandecker, Yvonne  | Harz-Gebirgslaufverein Wernigerode | D                | W45        | 1                   | <b>1:12,51</b>         | 555              | 2            |
| 15                    | 17                 | Schlieker, Ellen    | VfL Brandenburg                    | D                | W50        | 2                   | <b>1:12,52</b>         | 555              | 3            |
| 16                    | 9                  | Dieckmann, Pauline  | Harz-Gebirgslaufverein Wernigerode | D                | WJ         | 5                   | <b>1:12,69</b>         | 551              | 1            |
| 17                    | 18                 | Seidel, Marjoke     | AV Daventria 1906                  | NL               | W30        | 2                   | <b>1:16,76</b>         | 468              | 3            |
| 18                    | 22                 | Willig, Katharina   | SG Weinstadt                       | D                | W20        | 6                   | <b>1:17,79</b>         | 448              | 4            |
| 19                    | 14                 | Podjuklová, Iva     | SK Hranice                         | CZ               | W45        | 2                   | <b>1:18,30</b>         | 439              | 3            |
| 20                    | 21                 | Warmuth, Nadine     | SV TuR Dresden                     | D                | W45        | 3                   | <b>1:19,58</b>         | 415              | 4            |
| 21                    | 23                 | Drost, Ellen        | AV De Gemzen                       | NL               | W20        | 7                   | <b>1:20,20</b>         | 403              | 5            |
| 22                    | 20                 | Wiek, Nele          | HSV Wildau                         | D                | W20        | 8                   | <b>1:23,53</b>         | 345              | 4            |
| 23                    | 28                 | Schubert, Rita      | VfL Brandenburg                    | D                | W65        | 1                   | <b>1:24,00</b>         | 337<br>[793]     | 5            |
| 24                    | 25                 | Timm, Jana          | LAV Halensia                       | D                | W50        | 3                   | <b>1:26,51</b>         | 297              | 4            |
| 25                    | 29                 | Eichardt, Anna      | LG Winterlingen                    | D                | W45        | 4                   | <b>1:27,89</b>         | 276              | 5            |
| 26                    | 24                 | Hackbarth, Ute      | LSV Pirna                          | D                | W60        | 1                   | <b>1:28,28</b>         | 270              | 5            |



Potsdam, 400 m (L10K), 26.05.2022 17:00

| Platz<br>Rank       | Startnr.<br>Number | Name<br>Name             | Verein<br>Team              | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time  | Punkte<br>Points | Lauf<br>Heat |
|---------------------|--------------------|--------------------------|-----------------------------|------------------|------------|---------------------|---------------|------------------|--------------|
| 27                  | 26                 | Bensch-Vasicek, Doreen   | SG Chemie Zeitz             | D                | W55        | 1                   | 1:33,10       | 203              | 5            |
| 28                  | 31                 | Greiner, Heidi           | SV Sömmerda e.V.            | D                | W35        | 3                   | 1:40,62       | 118              | 5            |
| <b>Männer - Men</b> |                    |                          |                             |                  |            |                     |               |                  |              |
| 1                   | 102                | Kempel, Maximilian       | SV Sömmerda e.V.            | D                | M20        | 1                   | 51,36<br>* 30 | 859              | 6            |
| 2                   | 104                | Daubié, Aymeric          | US Toul Athlétisme          | F                | M20        | 2                   | 53,37         | 798              | 6            |
| 3                   | 103                | Onderdijk, Jurian        | AV De Gemzen                | NL               | M20        | 3                   | 54,51         | 764              | 6            |
| 4                   | 113                | Gerber, Alexandre        | Annecy Athlétisme           | F                | M30        | 1                   | 55,72         | 729              | 7            |
| 5                   | 111                | Pistorius, Nart          | D.A.V. Kronos               | NL               | M20        | 4                   | 55,82         | 726              | 6            |
| 6                   | 110                | Schirrmeister, Alexander | Hannover 96                 | D                | M30        | 2                   | 55,94         | 723              | 7            |
| 7                   | 109                | van Aalten, Thijs        | D.A.V. Kronos               | NL               | M20        | 5                   | 56,38         | 711              | 7            |
| 8                   | 106                | Timm, Jascha             | LAV Halensia                | D                | M20        | 6                   | 56,60         | 704              | 7            |
| 9                   | 101                | Tesfazghi Hayalu, Samsom | SV Sömmerda e.V.            | D                | M20        | 7                   | 56,90         | 696              | 6            |
| 10                  | 108                | Winkler, Benjamin        | TuS Osterburg 90 Weida      | D                | M20        | 8                   | 57,17         | 689              | 6            |
| 11                  | 105                | Schöning, Niklas         | SV Stahl Hennigsdorf        | D                | M20        | 9                   | 57,54         | 678              | 7            |
| 12                  | 163                | Riege, Marco             | Potsdamer Laufclub          | D                | M20        | 10                  | 58,51         | 652              | 7            |
| 13                  | 119                | Rathenow, Jann           | Potsdamer Laufclub          | D                | M35        | 1                   | 59,02         | 638              | 8            |
| 14                  | 117                | Jokisch, Georg           | FLB Cottbus                 | D                | M30        | 3                   | 59,16         | 635              | 8            |
| 15                  | 107                | Bosboom, Vincent         | D.A.V. Kronos               | NL               | M20        | 11                  | 1:00,00       | 613              | 8            |
| 16                  | 116                | Collinet, Thomas         | ASMS Sarrebourg             | F                | M45        | 1                   | 1:00,14       | 609              | 8            |
| 17                  | 120                | Greiner, Daniel          | SV Sömmerda e.V.            | D                | M35        | 2                   | 1:00,85       | 591              | 9            |
| 18                  | 112                | Giro, Florent            | Nice Côte d'Azur Athlétisme | F                | M20        | 12                  | 1:02,14       | 558              | 8            |
| 19                  | 129                | Ruben, Vos               | De Gemzen                   | NL               | MJ         | 1                   | 1:02,97       | 538              | 10           |
| 20                  | 135                | Stephan, Carsten         | Schwedter Hasen             | D                | M50        | 1                   | 1:03,92       | 515              | 12           |
| 21                  | 118                | Meerstra, Davied         | AV Daventria 1906           | NL               | M30        | 4                   | 1:04,27       | 506              | 9            |
| 22                  | 137                | Morgner, Frank           | Schwielowsee                | D                | M40        | 1                   | 1:04,70       | 496              | 12           |
| 23                  | 126                | Pelgröm, Fabian          | D.A.V. Kronos               | NL               | M20        | 13                  | 1:04,82       | 493              | 10           |
| 24                  | 122                | Vrátný, Kamil            | AC Praha 1890               | CZ               | M50        | 2                   | 1:05,27       | 483              | 8            |
| 25                  | 124                | Novotný, Zdeněk          | Jiskra Litomyšl             | CZ               | M50        | 3                   | 1:05,48       | 478              | 9            |
| 26                  | 127                | Killilea, Tony           | London Heathside            | GB               | M55        | 1                   | 1:05,72       | 472              | 10           |
| 27                  | 123                | Espenhahn, Jano          | Potsdamer Laufclub          | D                | M30        | 5                   | 1:05,74       | 472              | 10           |

Potsdam, 400 m (L10K), 26.05.2022 17:00

| Platz<br>Rank | Startnr.<br>Number | Name<br>Name       | Verein<br>Team                | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time | Punkte<br>Points | Lauf<br>Heat |
|---------------|--------------------|--------------------|-------------------------------|------------------|------------|---------------------|--------------|------------------|--------------|
| 28            | 160                | Heinrich, Enrico   | LAV Halensia                  | D                | M50        | 4                   | 1:06,17      | 462              | 9            |
| 29            | 131                | Kroep, Koen        | D.A.V. Kronos                 | NL               | M20        | 14                  | 1:06,48      | 455              | 10           |
| 30            | 159                | Ziemer, Lukas      | Potsdamer Laufclub            | D                | M20        | 15                  | 1:06,90      | 446              | 9            |
| 31            | 128                | Pfeuffer, Jörg     | LG Erfurt                     | D                | M35        | 3                   | 1:07,13      | 441              | 10           |
| 32            | 134                | Barner, Julian     | OSC Potsdam                   | D                | M20        | 16                  | 1:07,69      | 428              | 11           |
| 33            | 136                | Jaeger, Frank      | SV Sömmerda e.V.              | D                | M55        | 2                   | 1:08,68      | 407              | 11           |
| 34            | 139                | Küttel, Ueli       | LC Luzern                     | CH               | M35        | 4                   | 1:09,93      | 381              | 11           |
| 35            | 121                | Schneegaß, Marco   | 1. SV Gera                    | D                | M45        | 2                   | 1:10,50      | 369              | 9            |
| 36            | 130                | Paschke, Alexander | LG Winterlingen               | D                | M50        | 5                   | 1:11,46      | 350              | 11           |
| 37            | 132                | Warmuth, Daniel    | LG Nadine & Walter            | D                | M35        | 5                   | 1:11,81      | 343              | 11           |
| 38            | 145                | Unger, Thomas      | SV Lok Blankenburg 1949 e. V. | D                | M55        | 3                   | 1:11,89      | 342              | 13           |
| 39            | 140                | Stauß, Frank       | LG Winterlingen               | D                | M50        | 6                   | 1:12,43      | 331              | 12           |
| 40            | 138                | Hofner, Reinhard   | MBB-SG Augsburg               | D                | M60        | 1                   | 1:13,54      | 310              | 12           |
| 41            | 144                | Balmer, Sven       | OSC Potsdam                   | D                | M55        | 4                   | 1:15,28      | 279              | 13           |
| 42            | 148                | Radmann, Torsten   | ASV Zeuthen                   | D                | M55        | 5                   | 1:16,59      | 256              | 13           |
| 43            | 141                | Rochau, Lothar     | LAV Halensia                  | D                | M70        | 1                   | 1:17,29      | 245<br>[674]     | 12           |
| 44            | 149                | Grobben, Jan       | LAAC Twente                   | NL               | M55        | 6                   | 1:18,45      | 226              | 13           |
| 45            | 143                | Warmuth, Uwe       | Bautzener LV Rot-Weiß 90      | D                | M45        | 3                   | 1:18,92      | 218              | 13           |
| 46            | 147                | Petrick, Carsten   | LSV Niesky                    | D                | M60        | 2                   | 1:19,11      | 215              | 12           |
| 47            | 150                | Vasicek, Wolfgang  | SG Chemie Zeitz               | D                | M60        | 3                   | 1:23,19      | 157              | 13           |
| 48            | 151                | Engert, Reinhardt  | SV Stahl Hennigsdorf          | D                | M70        | 2                   | 1:27,83      | 102<br>[476]     | 14           |
| 49            | 133                | Pantke, Uwe        | LAV Halensia                  | D                | M55        | 7                   | 1:28,82      | 91               | 11           |
| 50            | 152                | Salzmann, Rolf     | TSV Kirchdorf                 | D                | M75        | 1                   | 1:29,23      | 87<br>[552]      | 14           |
| 51            | 154                | Spade, Frank       | Läuferleben/Vegan Runners     | D                | M70        | 3                   | 1:31,19      | 69<br>[420]      | 14           |
| 52            | 161                | Schmidt, Jens      | SCC Berlin                    | D                | M50        | 7                   | 1:37,85      | 23               | 14           |
| 53            | 153                | Holterman, Herman  | LAAC Twente                   | NL               | M65        | 1                   | 1:50,34      | 1<br>[114]       | 14           |
| 54            | 155                | Warmuth, Walter    | LG Nadine & Walter            | D                | M70        | 4                   | 1:59,97      | 1<br>[84]        | 14           |

**37. Internationaler Läuferzehnkampf 2022**

Potsdam, 27.05.2022

**Ergebnisse - Results 100 m (L10K, L6K)**

Potsdam, 100 m (L10K, L6K), 27.05.2022 09:30

| Platz<br>Rank         | Startnr.<br>Number | Name<br>Name           | Verein<br>Team                     | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time         | Punkte<br>Points | Lauf<br>Heat | Wind |
|-----------------------|--------------------|------------------------|------------------------------------|------------------|------------|---------------------|----------------------|------------------|--------------|------|
| <b>Frauen - Women</b> |                    |                        |                                    |                  |            |                     |                      |                  |              |      |
| 1                     | 13                 | Stephan, Isabel        | Schwedter Hasen                    | D                | WJ         | 1                   | <b>13,88</b><br>* 30 | 774              | 1            | -3,0 |
| 2                     | 3                  | Brandecker, Lea        | Harz-Gebirgslaufverein Wernigerode | D                | WJ         | 2                   | <b>13,97</b>         | 763              | 1            | -3,0 |
| 3                     | 1                  | Zimmermann, Kristin    | Team Riedelbäck                    | D                | W30        | 1                   | <b>14,18</b>         | 740              | 1            | -3,0 |
| 4                     | 4                  | Heidel, Kathleen       | NSF Berlin                         | D                | W20        | 1                   | <b>14,66</b>         | 687              | 2            | -1,2 |
| 5                     | 8                  | Vis, Esmee             | AV De Gemzen                       | NL               | WJ         | 3                   | <b>14,67</b>         | 686              | 2            | -1,2 |
| 6                     | 11                 | Brehme, Jasmin         | SV Sömmerda e.V.                   | D                | W20        | 2                   | <b>14,99</b>         | 652              | 1            | -3,0 |
| 7                     | 5                  | Creuzot, Sarah         | US Toul Athlétisme                 | F                | W20        | 3                   | <b>15,03</b>         | 648              | 2            | -1,2 |
| 8                     | 7                  | Petersen, Tatjana      | TSV Rotkreuz / OSC Potsdam         | D                | W20        | 4                   | <b>15,20</b>         | 630              | 2            | -1,2 |
| 9                     | 9                  | Dieckmann, Pauline     | Harz-Gebirgslaufverein Wernigerode | D                | WJ         | 4                   | <b>15,27</b>         | 623              | 1            | -3,0 |
| 10                    | 19                 | Warmuth, Lena          | USV TU Dresden                     | D                | WJ         | 5                   | <b>15,42</b>         | 607              | 3            | -3,0 |
| 11                    | 15                 | Jichová, Ivana         | TJ Nové Město na Moravě            | CZ               | W50        | 1                   | <b>15,55</b>         | 594              | 2            | -1,2 |
| 12                    | 17                 | Schlieker, Ellen       | VfL Brandenburg                    | D                | W50        | 2                   | <b>15,99</b>         | 551              | 3            | -3,0 |
| 13                    | 12                 | Bauer, Karoline        | Chemnitzer LV MEGWARE              | D                | W35        | 1                   | <b>16,02</b>         | 548              | 3            | -3,0 |
| 14                    | 6                  | Brandecker, Yvonne     | Harz-Gebirgslaufverein Wernigerode | D                | W45        | 1                   | <b>16,06</b>         | 544              | 2            | -1,2 |
| 15                    | 14                 | Podjuklová, Iva        | SK Hranice                         | CZ               | W45        | 2                   | <b>16,26</b>         | 525              | 4            | -0,7 |
| 16                    | 10                 | Köhler, Ines           | FLB Cottbus                        | D                | W35        | 2                   | <b>16,39</b>         | 513              | 4            | -0,7 |
| 17                    | 22                 | Willig, Katharina      | SG Weinstadt                       | D                | W20        | 5                   | <b>16,40</b>         | 512              | 3            | -3,0 |
| 18                    | 23                 | Drost, Ellen           | AV De Gemzen                       | NL               | W20        | 6                   | <b>16,53</b>         | 500              | 4            | -0,7 |
| 19                    | 20                 | Wiek, Nele             | HSV Wildau                         | D                | W20        | 7                   | <b>16,61</b>         | 493              | 3            | -3,0 |
| 20                    | 18                 | Seidel, Marjoke        | AV Daventria 1906                  | NL               | W30        | 2                   | <b>16,69</b>         | 485              | 4            | -0,7 |
| 21                    | 16                 | den Besten, Celeste    | AV De Gemzen                       | NL               | W20        | 8                   | <b>16,81</b>         | 475              | 4            | -0,7 |
| 22                    | 21                 | Warmuth, Nadine        | SV TuR Dresden                     | D                | W45        | 3                   | <b>17,08</b>         | 451              | 4            | -0,7 |
| 23                    | 24                 | Hackbarth, Ute         | LSV Pirna                          | D                | W60        | 1                   | <b>18,33</b>         | 348              | 5            | -1,0 |
| 24                    | 29                 | Eichardt, Anna         | LG Winterlingen                    | D                | W45        | 4                   | <b>18,35</b>         | 347              | 5            | -1,0 |
| 25                    | 26                 | Bensch-Vasicek, Doreen | SG Chemie Zeitz                    | D                | W55        | 1                   | <b>18,36</b>         | 346              | 5            | -1,0 |
| 26                    | 25                 | Timm, Jana             | LAV Halensia                       | D                | W50        | 3                   | <b>18,46</b>         | 338              | 5            | -1,0 |

Potsdam, 100 m (L10K, L6K), 27.05.2022 09:30

| Platz<br>Rank       | Startnr.<br>Number | Name<br>Name             | Verein<br>Team                     | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time  | Punkte<br>Points | Lauf<br>Heat | Wind |
|---------------------|--------------------|--------------------------|------------------------------------|------------------|------------|---------------------|---------------|------------------|--------------|------|
| 27                  | 31                 | Greiner, Heidi           | SV Sömmerda e.V.                   | D                | W35        | 3                   | 18,71         | 319              | 5            | -1,0 |
| 28                  | 28                 | Schubert, Rita           | VfL Brandenburg                    | D                | W65        | 1                   | 18,73         | 318<br>[770]     | 5            | -1,0 |
| <b>Männer - Men</b> |                    |                          |                                    |                  |            |                     |               |                  |              |      |
| 1                   | 102                | Kempel, Maximilian       | SV Sömmerda e.V.                   | D                | M20        | 1                   | 11,74<br>* 30 | 863              | 6            | -1,9 |
| 2                   | 104                | Daubié, Aymeric          | US Toul Athlétisme                 | F                | M20        | 2                   | 11,79<br>* 30 | 856              | 6            | -1,9 |
| 3                   | 113                | Gerber, Alexandre        | Annecy Athlétisme                  | F                | M30        | 1                   | 12,29         | 790              | 6            | -1,9 |
| 4                   | 103                | Onderdijk, Jurian        | AV De Gemzen                       | NL               | M20        | 3                   | 12,51         | 762              | 6            | -1,9 |
| 5                   | 110                | Schirrmeister, Alexander | Hannover 96                        | D                | M30        | 2                   | 12,59         | 752              | 6            | -1,9 |
| 6                   | 101                | Tesfazghi Hayalu, Samsom | SV Sömmerda e.V.                   | D                | M20        | 4                   | 13,09         | 690              | 7            | -1,5 |
| 7                   | 117                | Jokisch, Georg           | FLB Cottbus                        | D                | M30        | 3                   | 13,13         | 685              | 7            | -1,5 |
| 8                   | 111                | Pistorius, Nart          | D.A.V. Kronos                      | NL               | M20        | 5                   | 13,18         | 679              | 7            | -1,5 |
| 9                   | 156                | Brandecker, Erik         | Harz-Gebirgslaufverein Wernigerode | D                | MU16       | 1                   | 13,19         | 678              | 7            | -1,5 |
| 10                  | 109                | van Aalten, Thijs        | D.A.V. Kronos                      | NL               | M20        | 6                   | 13,29         | 666              | 7            | -1,5 |
| 11                  | 115                | Bouele, Cédric           | Delémont Athlétisme                | CH               | M35        | 1                   | 13,46         | 646              | 7            | -1,5 |
| 12                  | 118                | Meerstra, Davied         | AV Daventria 1906                  | NL               | M30        | 4                   | 13,47         | 645              | 8            | -0,8 |
| 13                  | 108                | Winkler, Benjamin        | TuS Osterburg 90 Weida             | D                | M20        | 7                   | 13,56         | 634              | 8            | -0,8 |
| 14                  | 106                | Timm, Jascha             | LAV Halensia                       | D                | M20        | 8                   | 13,58         | 632              | 9            | -1,1 |
| 15                  | 107                | Bosboom, Vincent         | D.A.V. Kronos                      | NL               | M20        | 9                   | 13,63         | 626              | 9            | -1,1 |
| 16                  | 105                | Schöning, Niklas         | SV Stahl Hennigsdorf               | D                | M20        | 10                  | 13,68         | 621              | 8            | -0,8 |
| 16                  | 122                | Vrátný, Kamil            | AC Praha 1890                      | CZ               | M50        | 1                   | 13,68         | 621              | 8            | -0,8 |
| 18                  | 112                | Giro, Florent            | Nice Côte d'Azur Athlétisme        | F                | M20        | 11                  | 13,69         | 620              | 8            | -0,8 |
| 19                  | 116                | Collinet, Thomas         | ASMS Sarrebourg                    | F                | M45        | 1                   | 13,93         | 592              | 9            | -1,1 |
| 20                  | 129                | Ruben, Vos               | De Gemzen                          | NL               | MJ         | 1                   | 13,95         | 590              | 9            | -1,1 |
| 21                  | 135                | Stephan, Carsten         | Schwedter Hasen                    | D                | M50        | 2                   | 13,96         | 589              | 9            | -1,1 |
| 22                  | 131                | Kroep, Koen              | D.A.V. Kronos                      | NL               | M20        | 12                  | 14,06         | 578              | 9            | -1,1 |
| 23                  | 119                | Rathenow, Jann           | Potsdamer Laufclub                 | D                | M35        | 2                   | 14,16         | 567              | 10           | -4,6 |
| 24                  | 127                | Killilea, Tony           | London Heathside                   | GB               | M55        | 1                   | 14,26         | 556              | 11           | -1,2 |
| 25                  | 134                | Barner, Julian           | OSC Potsdam                        | D                | M20        | 13                  | 14,28         | 554              | 10           | -4,6 |
| 26                  | 126                | Pelgröm, Fabian          | D.A.V. Kronos                      | NL               | M20        | 14                  | 14,29         | 553              | 10           | -4,6 |
| 27                  | 124                | Novotný, Zdeněk          | Jiskra Litomyšl                    | CZ               | M50        | 3                   | 14,66         | 513              | 11           | -1,2 |
| 28                  | 120                | Greiner, Daniel          | SV Sömmerda e.V.                   | D                | M35        | 3                   | 14,69         | 510              | 10           | -4,6 |

Potsdam, 100 m (L10K, L6K), 27.05.2022 09:30

| Platz Rank | Startnr. Number | Name Name          | Verein Team                   | Nation Nation | AK Cat. | Platz AK Rank AG | Zeit Time | Punkte Points | Lauf Heat | Wind |
|------------|-----------------|--------------------|-------------------------------|---------------|---------|------------------|-----------|---------------|-----------|------|
| 28         | 148             | Radmann, Torsten   | ASV Zeuthen                   | D             | M55     | 2                | 14,69     | 510           | 11        | -1,2 |
| 30         | 160             | Heinrich, Enrico   | LAV Halensia                  | D             | M50     | 4                | 14,70     | 509           | 12        | -0,7 |
| 31         | 137             | Morgner, Frank     | Schwielowsee                  | D             | M40     | 1                | 14,84     | 495           | 11        | -1,2 |
| 32         | 136             | Jaeger, Frank      | SV Sömmerda e.V.              | D             | M55     | 3                | 15,07     | 472           | 12        | -0,7 |
| 33         | 132             | Warmuth, Daniel    | LG Nadine & Walter            | D             | M35     | 4                | 15,08     | 471           | 11        | -1,2 |
| 34         | 123             | Espenhahn, Jano    | Potsdamer Laufclub            | D             | M30     | 5                | 15,30     | 449           | 13        | -1,0 |
| 35         | 128             | Pfeuffer, Jörg     | LG Erfurt                     | D             | M35     | 5                | 15,36     | 443           | 13        | -1,0 |
| 36         | 145             | Unger, Thomas      | SV Lok Blankenburg 1949 e. V. | D             | M55     | 4                | 15,38     | 441           | 12        | -0,7 |
| 37         | 157             | Warmuth, Jakob     | SV TuR Dresden                | D             | MU16    | 2                | 15,40     | 439           | 11        | -1,2 |
| 38         | 121             | Schneegaß, Marco   | 1. SV Gera                    | D             | M45     | 2                | 15,44     | 435           | 10        | -4,6 |
| 39         | 138             | Hofner, Reinhard   | MBB-SG Augsburg               | D             | M60     | 1                | 15,61     | 419           | 14        | +1,3 |
| 40         | 130             | Paschke, Alexander | LG Winterlingen               | D             | M50     | 5                | 15,83     | 399           | 13        | -1,0 |
| 41         | 139             | Küttel, Ueli       | LC Luzern                     | CH            | M35     | 6                | 16,15     | 370           | 12        | -0,7 |
| 42         | 144             | Balmer, Sven       | OSC Potsdam                   | D             | M55     | 5                | 16,25     | 361           | 13        | -1,0 |
| 43         | 147             | Petrick, Carsten   | LSV Niesky                    | D             | M60     | 2                | 16,26     | 360           | 13        | -1,0 |
| 44         | 143             | Warmuth, Uwe       | Bautzener LV Rot-Weiß 90      | D             | M45     | 3                | 16,36     | 352           | 14        | +1,3 |
| 45         | 150             | Vasicek, Wolfgang  | SG Chemie Zeitz               | D             | M60     | 3                | 17,24     | 280           | 15        | +0,6 |
| 46         | 140             | Stauß, Frank       | LG Winterlingen               | D             | M50     | 6                | 17,34     | 272           | 13        | -1,0 |
| 47         | 149             | Grobbe, Jan        | LAAC Twente                   | NL            | M55     | 6                | 17,74     | 243           | 14        | +1,3 |
| 48         | 161             | Schmidt, Jens      | SCC Berlin                    | D             | M50     | 7                | 17,81     | 238           | 14        | +1,3 |
| 49         | 133             | Pantke, Uwe        | LAV Halensia                  | D             | M55     | 7                | 18,64     | 182           | 12        | -0,7 |
| 50         | 152             | Salzmann, Rolf     | TSV Kirchdorf                 | D             | M75     | 1                | 18,67     | 181<br>[694]  | 15        | +0,6 |
| 51         | 141             | Rochau, Lothar     | LAV Halensia                  | D             | M70     | 1                | 18,71     | 178<br>[588]  | 14        | +1,3 |
| 52         | 151             | Engert, Reinhardt  | SV Stahl Hennigsdorf          | D             | M70     | 2                | 18,90     | 167<br>[572]  | 15        | +0,6 |
| 53         | 154             | Spade, Frank       | Läuferleben/Vegan Runners     | D             | M70     | 3                | 19,78     | 118<br>[502]  | 15        | +0,6 |
| 54         | 155             | Warmuth, Walter    | LG Nadine & Walter            | D             | M70     | 4                | 21,78     | 39<br>[360]   | 15        | +0,6 |
| 55         | 153             | Holterman, Herman  | LAAC Twente                   | NL            | M65     | 1                | 27,62     | 1<br>[41]     | 15        | +0,6 |

**37. Internationaler Läuferzehnkampf 2022**

Potsdam, 27.05.2022

**Ergebnisse - Results****3.000 m (L10K)**

Potsdam, 3.000 m (L10K), 27.05.2022 11:30

| Platz<br>Rank       | Startnr.<br>Number | Name<br>Name             | Verein<br>Team              | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time    | Punkte<br>Points | Lauf<br>Heat |
|---------------------|--------------------|--------------------------|-----------------------------|------------------|------------|---------------------|-----------------|------------------|--------------|
| <b>Männer - Men</b> |                    |                          |                             |                  |            |                     |                 |                  |              |
| 1                   | 106                | Timm, Jascha             | LAV Halensia                | D                | M20        | 1                   | 8:56,10<br>* 30 | 832              | 1            |
| 2                   | 105                | Schöning, Niklas         | SV Stahl Hennigsdorf        | D                | M20        | 2                   | 8:57,60<br>* 30 | 827              | 1            |
| 3                   | 101                | Tesfazghi Hayalu, Samsom | SV Sömmerda e.V.            | D                | M20        | 3                   | 9:29,49         | 736              | 1            |
| 4                   | 120                | Greiner, Daniel          | SV Sömmerda e.V.            | D                | M35        | 1                   | 9:48,72         | 683              | 1            |
| 5                   | 111                | Pistorius, Nart          | D.A.V. Kronos               | NL               | M20        | 4                   | 9:59,29         | 655              | 1            |
| 6                   | 108                | Winkler, Benjamin        | TuS Osterburg 90 Weida      | D                | M20        | 5                   | 9:59,30         | 655              | 1            |
| 7                   | 109                | van Aalten, Thijs        | D.A.V. Kronos               | NL               | M20        | 6                   | 9:59,37         | 655              | 1            |
| 8                   | 107                | Bosboom, Vincent         | D.A.V. Kronos               | NL               | M20        | 7                   | 10:26,37        | 586              | 1            |
| 9                   | 103                | Onderdijk, Jurian        | AV De Gemzen                | NL               | M20        | 8                   | 10:27,67        | 583              | 1            |
| 10                  | 110                | Schirrmeister, Alexander | Hannover 96                 | D                | M30        | 1                   | 10:30,70        | 575              | 1            |
| 11                  | 116                | Collinet, Thomas         | ASMS Sarrebourg             | F                | M45        | 1                   | 10:31,47        | 573              | 1            |
| 12                  | 123                | Espenhahn, Jano          | Potsdamer Laufclub          | D                | M30        | 2                   | 10:38,79        | 556              | 2            |
| 13                  | 112                | Giro, Florent            | Nice Côte d'Azur Athlétisme | F                | M20        | 9                   | 10:40,60        | 551              | 2            |
| 14                  | 115                | Bouele, Cédric           | Delémont Athlétisme         | CH               | M35        | 2                   | 10:43,11        | 545              | 1            |
| 15                  | 137                | Morgner, Frank           | Schwielowsee                | D                | M40        | 1                   | 10:43,19        | 545              | 2            |
| 16                  | 129                | Ruben, Vos               | De Gemzen                   | NL               | MJ         | 1                   | 10:44,18        | 543              | 2            |
| 17                  | 118                | Meerstra, Davied         | AV Daventria 1906           | NL               | M30        | 3                   | 10:44,81        | 541              | 1            |
| 18                  | 117                | Jokisch, Georg           | FLB Cottbus                 | D                | M30        | 4                   | 10:52,39        | 523              | 2            |
| 19                  | 158                | Wendler, Lars            | Chemnitzer LV MEGWARE       | D                | M35        | 3                   | 10:55,34        | 516              | 1            |
| 20                  | 119                | Rathenow, Jann           | Potsdamer Laufclub          | D                | M35        | 4                   | 11:11,59        | 479              | 2            |
| 21                  | 128                | Pfeuffer, Jörg           | LG Erfurt                   | D                | M35        | 5                   | 11:31,87        | 434              | 2            |
| 22                  | 160                | Heinrich, Enrico         | LAV Halensia                | D                | M50        | 1                   | 11:35,97        | 426              | 2            |
| 23                  | 127                | Killilea, Tony           | London Heathside            | GB               | M55        | 1                   | 11:44,36        | 408              | 2            |
| 24                  | 130                | Paschke, Alexander       | LG Winterlingen             | D                | M50        | 2                   | 11:45,01        | 407              | 3            |
| 25                  | 113                | Gerber, Alexandre        | Annecy Athlétisme           | F                | M30        | 5                   | 11:46,39        | 404              | 2            |
| 26                  | 102                | Kempel, Maximilian       | SV Sömmerda e.V.            | D                | M20        | 10                  | 11:49,64        | 397              | 1            |

Potsdam, 3.000 m (L10K), 27.05.2022 11:30

| Platz Rank            | Startnr. Number | Name Name           | Verein Team                   | Nation Nation | AK Cat. | Platz AK Rank AG | Zeit Time         | Punkte Points | Lauf Heat |
|-----------------------|-----------------|---------------------|-------------------------------|---------------|---------|------------------|-------------------|---------------|-----------|
| 27                    | 136             | Jaeger, Frank       | SV Sömmerda e.V.              | D             | M55     | 2                | 11:49,71          | 397           | 3         |
| 28                    | 131             | Kroep, Koen         | D.A.V. Kronos                 | NL            | M20     | 11               | 11:57,92          | 380           | 2         |
| 29                    | 134             | Barner, Julian      | OSC Potsdam                   | D             | M20     | 12               | 11:58,56          | 379           | 3         |
| 30                    | 145             | Unger, Thomas       | SV Lok Blankenburg 1949 e. V. | D             | M55     | 3                | 11:58,84          | 379           | 3         |
| 31                    | 135             | Stephan, Carsten    | Schwedter Hasen               | D             | M50     | 3                | 12:09,22          | 358           | 3         |
| 32                    | 126             | Pelgröm, Fabian     | D.A.V. Kronos                 | NL            | M20     | 13               | 12:23,76          | 330           | 3         |
| 33                    | 133             | Pantke, Uwe         | LAV Halensia                  | D             | M55     | 4                | 12:26,25          | 326           | 3         |
| 34                    | 122             | Vrátný, Kamil       | AC Praha 1890                 | CZ            | M50     | 4                | 12:29,59          | 320           | 3         |
| 35                    | 124             | Novotný, Zdeněk     | Jiskra Litomyšl               | CZ            | M50     | 5                | 12:31,87          | 315           | 3         |
| 36                    | 121             | Schneegaß, Marco    | 1. SV Gera                    | D             | M45     | 2                | 12:36,33          | 307           | 3         |
| 37                    | 139             | Küttel, Ueli        | LC Luzern                     | CH            | M35     | 6                | 12:55,28          | 274           | 4         |
| 38                    | 140             | Stauß, Frank        | LG Winterlingen               | D             | M50     | 6                | 12:57,16          | 271           | 3         |
| 39                    | 132             | Warmuth, Daniel     | LG Nadine & Walter            | D             | M35     | 7                | 13:02,53          | 262           | 4         |
| 39                    | 143             | Warmuth, Uwe        | Bautzener LV Rot-Weiß 90      | D             | M45     | 3                | 13:02,53          | 262           | 4         |
| 41                    | 144             | Balmer, Sven        | OSC Potsdam                   | D             | M55     | 5                | 13:07,28          | 254           | 4         |
| 42                    | 138             | Hofner, Reinhard    | MBB-SG Augsburg               | D             | M60     | 1                | 13:33,50          | 213           | 4         |
| 43                    | 148             | Radmann, Torsten    | ASV Zeuthen                   | D             | M55     | 6                | 13:42,08          | 200           | 4         |
| 44                    | 141             | Rochau, Lothar      | LAV Halensia                  | D             | M70     | 1                | 13:51,26          | 187<br>[601]  | 4         |
| 45                    | 151             | Engert, Reinhardt   | SV Stahl Hennigsdorf          | D             | M70     | 2                | 13:54,96          | 182<br>[594]  | 5         |
| 46                    | 150             | Vasicek, Wolfgang   | SG Chemie Zeitz               | D             | M60     | 2                | 13:55,68          | 181           | 4         |
| 47                    | 154             | Spade, Frank        | Läuferleben/Vegan Runners     | D             | M70     | 3                | 14:41,19          | 124<br>[510]  | 5         |
| 48                    | 147             | Petrick, Carsten    | LSV Niesky                    | D             | M60     | 3                | 14:56,33          | 107           | 5         |
| 49                    | 152             | Salzmann, Rolf      | TSV Kirchdorf                 | D             | M75     | 1                | 15:51,66          | 56<br>[493]   | 5         |
| 50                    | 161             | Schmidt, Jens       | SCC Berlin                    | D             | M50     | 7                | 16:06,50          | 45            | 5         |
| 51                    | 153             | Holterman, Herman   | LAAC Twente                   | NL            | M65     | 1                | 16:59,82          | 16<br>[232]   | 5         |
| 52                    | 155             | Warmuth, Walter     | LG Nadine & Walter            | D             | M70     | 4                | 19:26,44          | 1<br>[136]    | 5         |
| <b>Frauen - Women</b> |                 |                     |                               |               |         |                  |                   |               |           |
| 1                     | 1               | Zimmermann, Kristin | Team Riedelbäck               | D             | W30     | 1                | 10:34,45<br>** 10 | 874           | 1         |
| 2                     | 10              | Köhler, Ines        | FLB Cottbus                   | D             | W35     | 1                | 11:38,30          | 722           | 2         |
| 3                     | 16              | den Besten, Celeste | AV De Gemzen                  | NL            | W20     | 1                | 11:45,43          | 706           | 2         |

Potsdam, 3.000 m (L10K), 27.05.2022 11:30

| Platz<br>Rank | Startnr.<br>Number | Name<br>Name           | Verein<br>Team                     | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time | Punkte<br>Points | Lauf<br>Heat |
|---------------|--------------------|------------------------|------------------------------------|------------------|------------|---------------------|--------------|------------------|--------------|
| 4             | 5                  | Creuzot, Sarah         | US Toul Athlétisme                 | F                | W20        | 2                   | 11:52,68     | 690              | 3            |
| 5             | 7                  | Petersen, Tatjana      | TSV Rotkreuz / OSC Potsdam         | D                | W20        | 3                   | 12:07,40     | 658              | 3            |
| 6             | 12                 | Bauer, Karoline        | Chemnitzer LV MEGWARE              | D                | W35        | 2                   | 12:09,68     | 653              | 3            |
| 7             | 4                  | Heidel, Kathleen       | NSF Berlin                         | D                | W20        | 4                   | 12:13,64     | 644              | 2            |
| 8             | 8                  | Vis, Esmee             | AV De Gemzen                       | NL               | WJ         | 1                   | 12:23,11     | 624              | 2            |
| 9             | 6                  | Brandecker, Yvonne     | Harz-Gebirgslaufverein Wernigerode | D                | W45        | 1                   | 12:28,56     | 613              | 3            |
| 10            | 17                 | Schlieker, Ellen       | VfL Brandenburg                    | D                | W50        | 1                   | 12:45,04     | 579              | 3            |
| 11            | 11                 | Brehme, Jasmin         | SV Sömmerda e.V.                   | D                | W20        | 5                   | 12:45,05     | 579              | 3            |
| 12            | 19                 | Warmuth, Lena          | USV TU Dresden                     | D                | WJ         | 2                   | 13:01,40     | 546              | 4            |
| 13            | 9                  | Dieckmann, Pauline     | Harz-Gebirgslaufverein Wernigerode | D                | WJ         | 3                   | 13:04,94     | 539              | 4            |
| 14            | 3                  | Brandecker, Lea        | Harz-Gebirgslaufverein Wernigerode | D                | WJ         | 4                   | 13:06,04     | 537              | 4            |
| 15            | 13                 | Stephan, Isabel        | Schwedter Hasen                    | D                | WJ         | 5                   | 13:27,93     | 495              | 4            |
| 16            | 14                 | Podjuklová, Iva        | SK Hranice                         | CZ               | W45        | 2                   | 13:28,00     | 495              | 4            |
| 17            | 22                 | Willig, Katharina      | SG Weinstadt                       | D                | W20        | 6                   | 13:49,76     | 455              | 5            |
| 18            | 21                 | Warmuth, Nadine        | SV TuR Dresden                     | D                | W45        | 3                   | 13:51,51     | 451              | 4            |
| 19            | 18                 | Seidel, Marjoke        | AV Daventria 1906                  | NL               | W30        | 2                   | 14:02,14     | 433              | 4            |
| 20            | 23                 | Drost, Ellen           | AV De Gemzen                       | NL               | W20        | 7                   | 14:29,99     | 385              | 5            |
| 20            | 24                 | Hackbarth, Ute         | LSV Pirna                          | D                | W60        | 1                   | 14:29,99     | 385              | 5            |
| 22            | 28                 | Schubert, Rita         | VfL Brandenburg                    | D                | W65        | 1                   | 14:43,06     | 364<br>[822]     | 5            |
| 23            | 25                 | Timm, Jana             | LAV Halensia                       | D                | W50        | 2                   | 14:48,38     | 355              | 5            |
| 24            | 29                 | Eichardt, Anna         | LG Winterlingen                    | D                | W45        | 4                   | 14:50,96     | 351              | 5            |
| 25            | 20                 | Wiek, Nele             | HSV Wildau                         | D                | W20        | 8                   | 15:13,48     | 316              | 5            |
| 26            | 15                 | Jichová, Ivana         | TJ Nové Město na Moravě            | CZ               | W50        | 3                   | 15:34,37     | 286              | 5            |
| 27            | 26                 | Bensch-Vasicek, Doreen | SG Chemie Zeitz                    | D                | W55        | 1                   | 15:51,60     | 262              | 5            |
| 28            | 31                 | Greiner, Heidi         | SV Sömmerda e.V.                   | D                | W35        | 3                   | 17:42,58     | 132              | 5            |



**37. Internationaler Läuferzehnkampf 2022**

Potsdam, 27.05.2022

**Ergebnisse - Results****800 m (L10K, L6K)**

Potsdam, 800 m (L10K, L6K), 27.05.2022 16:00

| Platz<br>Rank         | Startnr.<br>Number | Name<br>Name        | Verein<br>Team                     | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time    | Punkte<br>Points | Lauf<br>Heat |
|-----------------------|--------------------|---------------------|------------------------------------|------------------|------------|---------------------|-----------------|------------------|--------------|
| <b>Frauen - Women</b> |                    |                     |                                    |                  |            |                     |                 |                  |              |
| 1                     | 1                  | Zimmermann, Kristin | Team Riedelbäck                    | D                | W30        | 1                   | 2:22,78<br>* 30 | 817              | 1            |
| 2                     | 4                  | Heidel, Kathleen    | NSF Berlin                         | D                | W20        | 1                   | 2:37,93         | 657              | 1            |
| 3                     | 5                  | Creuzot, Sarah      | US Toul Athlétisme                 | F                | W20        | 2                   | 2:37,98         | 657              | 1            |
| 4                     | 7                  | Petersen, Tatjana   | TSV Rotkreuz / OSC Potsdam         | D                | W20        | 3                   | 2:40,47         | 632              | 1            |
| 5                     | 12                 | Bauer, Karoline     | Chemnitzer LV MEGWARE              | D                | W35        | 1                   | 2:41,33         | 624              | 1            |
| 6                     | 10                 | Köhler, Ines        | FLB Cottbus                        | D                | W35        | 2                   | 2:41,62         | 621              | 1            |
| 7                     | 16                 | den Besten, Celeste | AV De Gemzen                       | NL               | W20        | 4                   | 2:41,91         | 618              | 1            |
| 8                     | 3                  | Brandecker, Lea     | Harz-Gebirgslaufverein Wernigerode | D                | WJ         | 1                   | 2:46,27         | 577              | 2            |
| 9                     | 17                 | Schlieker, Ellen    | VfL Brandenburg                    | D                | W50        | 1                   | 2:47,35         | 567              | 2            |
| 10                    | 6                  | Brandecker, Yvonne  | Harz-Gebirgslaufverein Wernigerode | D                | W45        | 1                   | 2:48,52         | 556              | 2            |
| 11                    | 13                 | Stephan, Isabel     | Schwedter Hasen                    | D                | WJ         | 2                   | 2:52,32         | 522              | 2            |
| 12                    | 11                 | Brehme, Jasmin      | SV Sömmerda e.V.                   | D                | W20        | 5                   | 2:52,45         | 520              | 1            |
| 13                    | 8                  | Vis, Esmee          | AV De Gemzen                       | NL               | WJ         | 3                   | 2:52,91         | 516              | 1            |
| 14                    | 9                  | Dieckmann, Pauline  | Harz-Gebirgslaufverein Wernigerode | D                | WJ         | 4                   | 2:56,73         | 483              | 2            |
| 15                    | 14                 | Podjuklová, Iva     | SK Hranice                         | CZ               | W45        | 2                   | 2:57,95         | 473              | 2            |
| 16                    | 19                 | Warmuth, Lena       | USV TU Dresden                     | D                | WJ         | 5                   | 3:00,38         | 452              | 2            |
| 17                    | 18                 | Seidel, Marjoke     | AV Daventria 1906                  | NL               | W30        | 2                   | 3:03,93         | 424              | 2            |
| 18                    | 15                 | Jichová, Ivana      | TJ Nové Město na Moravě            | CZ               | W50        | 2                   | 3:05,37         | 412              | 2            |
| 19                    | 22                 | Willig, Katharina   | SG Weinstadt                       | D                | W20        | 6                   | 3:07,34         | 397              | 3            |
| 20                    | 21                 | Warmuth, Nadine     | SV TuR Dresden                     | D                | W45        | 3                   | 3:17,11         | 324              | 3            |
| 21                    | 28                 | Schubert, Rita      | VfL Brandenburg                    | D                | W65        | 1                   | 3:21,07         | 297<br>[746]     | 3            |
| 22                    | 25                 | Timm, Jana          | LAV Halensia                       | D                | W50        | 3                   | 3:22,18         | 290              | 3            |
| 23                    | 20                 | Wiek, Nele          | HSV Wildau                         | D                | W20        | 7                   | 3:23,54         | 281              | 3            |
| 24                    | 23                 | Drost, Ellen        | AV De Gemzen                       | NL               | W20        | 8                   | 3:26,80         | 260              | 3            |
| 25                    | 24                 | Hackbarth, Ute      | LSV Pirna                          | D                | W60        | 1                   | 3:30,00         | 240              | 3            |
| 26                    | 29                 | Eichardt, Anna      | LG Winterlingen                    | D                | W45        | 4                   | 3:30,48         | 237              | 3            |

Potsdam, 800 m (L10K, L6K), 27.05.2022 16:00

| Platz Rank          | Startnr. Number | Name Name                | Verein Team                        | Nation Nation | AK Cat. | Platz AK Rank AG | Zeit Time | Punkte Points | Lauf Heat |
|---------------------|-----------------|--------------------------|------------------------------------|---------------|---------|------------------|-----------|---------------|-----------|
| 27                  | 26              | Bensch-Vasicek, Doreen   | SG Chemie Zeitz                    | D             | W55     | 1                | 3:38,17   | 194           | 3         |
| 28                  | 31              | Greiner, Heidi           | SV Sömmerda e.V.                   | D             | W35     | 3                | 4:00,67   | 91            | 3         |
| <b>Männer - Men</b> |                 |                          |                                    |               |         |                  |           |               |           |
| 1                   | 106             | Timm, Jascha             | LAV Halensia                       | D             | M20     | 1                | 2:05,35   | 734           | 4         |
| 2                   | 102             | Kempel, Maximilian       | SV Sömmerda e.V.                   | D             | M20     | 2                | 2:05,62   | 731           | 4         |
| 3                   | 105             | Schöning, Niklas         | SV Stahl Hennigsdorf               | D             | M20     | 3                | 2:08,25   | 698           | 4         |
| 4                   | 101             | Tesfazghi Hayalu, Samsom | SV Sömmerda e.V.                   | D             | M20     | 4                | 2:09,54   | 682           | 4         |
| 5                   | 156             | Brandecker, Erik         | Harz-Gebirgslaufverein Wernigerode | D             | MU16    | 1                | 2:10,53   | 670           | 5         |
| 6                   | 109             | van Aalten, Thijs        | D.A.V. Kronos                      | NL            | M20     | 5                | 2:11,55   | 658           | 4         |
| 7                   | 111             | Pistorius, Nart          | D.A.V. Kronos                      | NL            | M20     | 6                | 2:11,61   | 657           | 4         |
| 8                   | 108             | Winkler, Benjamin        | TuS Osterburg 90 Weida             | D             | M20     | 7                | 2:11,63   | 657           | 4         |
| 9                   | 163             | Riege, Marco             | Potsdamer Laufclub                 | D             | M20     | 8                | 2:11,88   | 654           | 5         |
| 10                  | 103             | Onderdijk, Jurian        | AV De Gemzen                       | NL            | M20     | 9                | 2:12,09   | 651           | 4         |
| 11                  | 110             | Schirrmeister, Alexander | Hannover 96                        | D             | M30     | 1                | 2:15,92   | 607           | 5         |
| 12                  | 120             | Greiner, Daniel          | SV Sömmerda e.V.                   | D             | M35     | 1                | 2:16,17   | 604           | 5         |
| 13                  | 107             | Bosboom, Vincent         | D.A.V. Kronos                      | NL            | M20     | 10               | 2:16,50   | 600           | 5         |
| 14                  | 115             | Bouele, Cédric           | Delémont Athlétisme                | CH            | M35     | 2                | 2:16,79   | 597           | 5         |
| 15                  | 116             | Collinet, Thomas         | ASMS Sarrebourg                    | F             | M45     | 1                | 2:16,88   | 596           | 5         |
| 16                  | 117             | Jokisch, Georg           | FLB Cottbus                        | D             | M30     | 2                | 2:20,91   | 551           | 5         |
| 17                  | 113             | Gerber, Alexandre        | Anancy Athlétisme                  | F             | M30     | 3                | 2:21,76   | 541           | 6         |
| 18                  | 119             | Rathenow, Jann           | Potsdamer Laufclub                 | D             | M35     | 3                | 2:22,97   | 528           | 5         |
| 19                  | 118             | Meerstra, Davied         | AV Daventria 1906                  | NL            | M30     | 4                | 2:23,10   | 527           | 6         |
| 20                  | 112             | Giro, Florent            | Nice Côte d'Azur Athlétisme        | F             | M20     | 11               | 2:23,28   | 525           | 6         |
| 21                  | 129             | Ruben, Vos               | De Gemzen                          | NL            | MJ      | 1                | 2:23,70   | 520           | 6         |
| 22                  | 123             | Espenhahn, Jano          | Potsdamer Laufclub                 | D             | M30     | 5                | 2:25,86   | 498           | 6         |
| 23                  | 137             | Morgner, Frank           | Schwielowsee                       | D             | M40     | 1                | 2:30,35   | 452           | 6         |
| 24                  | 160             | Heinrich, Enrico         | LAV Halensia                       | D             | M50     | 1                | 2:33,75   | 419           | 6         |
| 25                  | 122             | Vrátný, Kamil            | AC Praha 1890                      | CZ            | M50     | 2                | 2:34,36   | 413           | 7         |
| 26                  | 135             | Stephan, Carsten         | Schwedter Hasen                    | D             | M50     | 3                | 2:38,61   | 374           | 7         |
| 27                  | 159             | Ziemer, Lukas            | Potsdamer Laufclub                 | D             | M20     | 12               | 2:39,44   | 366           | 6         |

Potsdam, 800 m (L10K, L6K), 27.05.2022 16:00

| Platz<br>Rank | Startnr.<br>Number | Name<br>Name       | Verein<br>Team                | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time | Punkte<br>Points | Lauf<br>Heat |
|---------------|--------------------|--------------------|-------------------------------|------------------|------------|---------------------|--------------|------------------|--------------|
| 27            | 127                | Killilea, Tony     | London Heathside              | GB               | M55        | 1                   | 2:39,44      | 366              | 6            |
| 29            | 131                | Kroep, Koen        | D.A.V. Kronos                 | NL               | M20        | 13                  | 2:39,64      | 364              | 7            |
| 30            | 130                | Paschke, Alexander | LG Winterlingen               | D                | M50        | 4                   | 2:39,99      | 361              | 7            |
| 31            | 126                | Pelgröm, Fabian    | D.A.V. Kronos                 | NL               | M20        | 14                  | 2:40,17      | 360              | 7            |
| 32            | 134                | Barner, Julian     | OSC Potsdam                   | D                | M20        | 15                  | 2:40,45      | 357              | 7            |
| 33            | 136                | Jaeger, Frank      | SV Sömmerda e.V.              | D                | M55        | 2                   | 2:40,57      | 356              | 7            |
| 34            | 124                | Novotný, Zdeněk    | Jiskra Litomyšl               | CZ               | M50        | 5                   | 2:42,50      | 339              | 7            |
| 35            | 128                | Pfeuffer, Jörg     | LG Erfurt                     | D                | M35        | 4                   | 2:44,33      | 324              | 6            |
| 36            | 121                | Schneegaß, Marco   | 1. SV Gera                    | D                | M45        | 2                   | 2:44,34      | 324              | 8            |
| 37            | 139                | Küttel, Ueli       | LC Luzern                     | CH               | M35        | 5                   | 2:46,47      | 306              | 8            |
| 38            | 140                | Stauß, Frank       | LG Winterlingen               | D                | M50        | 6                   | 2:47,31      | 299              | 8            |
| 39            | 133                | Pantke, Uwe        | LAV Halensia                  | D                | M55        | 3                   | 2:48,34      | 291              | 9            |
| 40            | 145                | Unger, Thomas      | SV Lok Blankenburg 1949 e. V. | D                | M55        | 4                   | 2:49,04      | 285              | 8            |
| 41            | 157                | Warmuth, Jakob     | SV TuR Dresden                | D                | MU16       | 2                   | 2:56,48      | 230              | 7            |
| 42            | 144                | Balmer, Sven       | OSC Potsdam                   | D                | M55        | 5                   | 2:57,87      | 220              | 8            |
| 43            | 138                | Hofner, Reinhard   | MBB-SG Augsburg               | D                | M60        | 1                   | 3:02,13      | 191              | 8            |
| 44            | 132                | Warmuth, Daniel    | LG Nadine & Walter            | D                | M35        | 6                   | 3:04,53      | 176              | 8            |
| 45            | 148                | Radmann, Torsten   | ASV Zeuthen                   | D                | M55        | 6                   | 3:09,01      | 150              | 8            |
| 46            | 143                | Warmuth, Uwe       | Bautzener LV Rot-Weiß 90      | D                | M45        | 3                   | 3:11,11      | 138              | 8            |
| 47            | 141                | Rochau, Lothar     | LAV Halensia                  | D                | M70        | 1                   | 3:14,62      | 119<br>[504]     | 9            |
| 48            | 147                | Petrick, Carsten   | LSV Niesky                    | D                | M60        | 2                   | 3:16,27      | 111              | 9            |
| 49            | 151                | Engert, Reinhardt  | SV Stahl Hennigsdorf          | D                | M70        | 2                   | 3:18,48      | 100<br>[474]     | 9            |
| 50            | 150                | Vasicek, Wolfgang  | SG Chemie Zeitz               | D                | M60        | 3                   | 3:23,06      | 80               | 9            |
| 51            | 152                | Salzmann, Rolf     | TSV Kirchdorf                 | D                | M75        | 1                   | 3:29,73      | 54<br>[489]      | 9            |
| 52            | 154                | Spade, Frank       | Läuferleben/Vegan Runners     | D                | M70        | 3                   | 3:42,79      | 19<br>[307]      | 9            |
| 53            | 161                | Schmidt, Jens      | SCC Berlin                    | D                | M50        | 7                   | 3:49,92      | 7                | 9            |
| 54            | 153                | Holterman, Herman  | LAAC Twente                   | NL               | M65        | 1                   | 4:02,93      | 1<br>[139]       | 9            |
| 55            | 155                | Warmuth, Walter    | LG Nadine & Walter            | D                | M70        | 4                   | 4:55,64      | 1<br>[23]        | 9            |

**37. Internationaler Läuferzehnkampf 2022**

Potsdam, 28.05.2022

**Ergebnisse - Results 200 m (L10K)**

Potsdam, 200 m (L10K), 28.05.2022 09:30

| Platz<br>Rank         | Startnr.<br>Number | Name<br>Name           | Verein<br>Team                     | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time         | Punkte<br>Points | Lauf<br>Heat | Wind |
|-----------------------|--------------------|------------------------|------------------------------------|------------------|------------|---------------------|----------------------|------------------|--------------|------|
| <b>Frauen - Women</b> |                    |                        |                                    |                  |            |                     |                      |                  |              |      |
| 1                     | 1                  | Zimmermann, Kristin    | Team Riedelbäck                    | D                | W30        | 1                   | <b>28,09</b><br>* 30 | 799              | 1            | -1,1 |
| 2                     | 13                 | Stephan, Isabel        | Schwedter Hasen                    | D                | WJ         | 1                   | <b>28,52</b><br>* 30 | 775              | 1            | -1,1 |
| 3                     | 3                  | Brandecker, Lea        | Harz-Gebirgslaufverein Wernigerode | D                | WJ         | 2                   | <b>28,81</b>         | 759              | 1            | -1,1 |
| 4                     | 4                  | Heidel, Kathleen       | NSF Berlin                         | D                | W20        | 1                   | <b>29,80</b>         | 705              | 1            | -1,1 |
| 5                     | 11                 | Brehme, Jasmin         | SV Sömmerda e.V.                   | D                | W20        | 2                   | <b>29,97</b>         | 696              | 2            | +1,6 |
| 6                     | 8                  | Vis, Esmee             | AV De Gemzen                       | NL               | WJ         | 3                   | <b>30,04</b>         | 692              | 1            | -1,1 |
| 7                     | 5                  | Creuzot, Sarah         | US Toul Athlétisme                 | F                | W20        | 3                   | <b>30,52</b>         | 667              | 2            | +1,6 |
| 8                     | 7                  | Petersen, Tatjana      | TSV Rotkreuz / OSC Potsdam         | D                | W20        | 4                   | <b>31,04</b>         | 641              | 2            | +1,6 |
| 9                     | 9                  | Dieckmann, Pauline     | Harz-Gebirgslaufverein Wernigerode | D                | WJ         | 4                   | <b>31,59</b>         | 613              | 2            | +1,6 |
| 10                    | 19                 | Warmuth, Lena          | USV TU Dresden                     | D                | WJ         | 5                   | <b>32,08</b>         | 589              | 2            | +1,6 |
| 11                    | 15                 | Jichová, Ivana         | TJ Nové Město na Moravě            | CZ               | W50        | 1                   | <b>32,30</b>         | 578              | 2            | +1,6 |
| 12                    | 12                 | Bauer, Karoline        | Chemnitzer LV MEGWARE              | D                | W35        | 1                   | <b>32,34</b>         | 576              | 3            | -0,2 |
| 13                    | 17                 | Schlieker, Ellen       | VfL Brandenburg                    | D                | W50        | 2                   | <b>32,56</b>         | 566              | 3            | -0,2 |
| 14                    | 10                 | Köhler, Ines           | FLB Cottbus                        | D                | W35        | 2                   | <b>33,04</b>         | 543              | 3            | -0,2 |
| 15                    | 16                 | den Besten, Celeste    | AV De Gemzen                       | NL               | W20        | 5                   | <b>33,19</b>         | 536              | 4            | +0,0 |
| 16                    | 6                  | Brandecker, Yvonne     | Harz-Gebirgslaufverein Wernigerode | D                | W45        | 1                   | <b>33,21</b>         | 535              | 3            | -0,2 |
| 17                    | 14                 | Podjuklová, Iva        | SK Hranice                         | CZ               | W45        | 2                   | <b>33,51</b>         | 522              | 3            | -0,2 |
| 18                    | 22                 | Willig, Katharina      | SG Weinstadt                       | D                | W20        | 6                   | <b>33,80</b>         | 508              | 4            | +0,0 |
| 19                    | 18                 | Seidel, Marjoke        | AV Daventria 1906                  | NL               | W30        | 2                   | <b>33,95</b>         | 502              | 4            | +0,0 |
| 20                    | 20                 | Wiek, Nele             | HSV Wildau                         | D                | W20        | 7                   | <b>34,58</b>         | 474              | 4            | +0,0 |
| 21                    | 23                 | Drost, Ellen           | AV De Gemzen                       | NL               | W20        | 8                   | <b>35,22</b>         | 446              | 4            | +0,0 |
| 22                    | 21                 | Warmuth, Nadine        | SV TuR Dresden                     | D                | W45        | 3                   | <b>35,48</b>         | 435              | 4            | +0,0 |
| 23                    | 25                 | Timm, Jana             | LAV Halensia                       | D                | W50        | 3                   | <b>38,41</b>         | 322              | 5            | -0,7 |
| 24                    | 24                 | Hackbarth, Ute         | LSV Pirna                          | D                | W60        | 1                   | <b>38,44</b>         | 321              | 5            | -0,7 |
| 25                    | 29                 | Eichardt, Anna         | LG Winterlingen                    | D                | W45        | 4                   | <b>39,16</b>         | 295              | 5            | -0,7 |
| 26                    | 28                 | Schubert, Rita         | VfL Brandenburg                    | D                | W65        | 1                   | <b>39,74</b>         | 276<br>[720]     | 5            | -0,7 |
| 27                    | 26                 | Bensch-Vasicek, Doreen | SG Chemie Zeitz                    | D                | W55        | 1                   | <b>39,93</b>         | 269              | 5            | -0,7 |
| 28                    | 31                 | Greiner, Heidi         | SV Sömmerda e.V.                   | D                | W35        | 3                   | <b>40,78</b>         | 242              | 5            | -0,7 |

Potsdam, 200 m (L10K), 28.05.2022 09:30

| Platz<br>Rank       | Startnr.<br>Number | Name<br>Name             | Verein<br>Team                | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time          | Punkte<br>Points | Lauf<br>Heat | Wind |
|---------------------|--------------------|--------------------------|-------------------------------|------------------|------------|---------------------|-----------------------|------------------|--------------|------|
| <b>Männer - Men</b> |                    |                          |                               |                  |            |                     |                       |                  |              |      |
| 1                   | 102                | Kempel, Maximilian       | SV Sömmerda e.V.              | D                | M20        | 1                   | <b>23,49</b><br>** 10 | 874              | 6            | -1,4 |
| 2                   | 103                | Onderdijk, Jurian        | AV De Gemzen                  | NL               | M20        | 2                   | <b>25,06</b>          | 771              | 6            | -1,4 |
| 3                   | 113                | Gerber, Alexandre        | Annecy Athlétisme             | F                | M30        | 1                   | <b>25,09</b>          | 769              | 6            | -1,4 |
| 4                   | 111                | Pistorius, Nart          | D.A.V. Kronos                 | NL               | M20        | 3                   | <b>25,87</b>          | 721              | 7            | -1,9 |
| 5                   | 109                | van Aalten, Thijs        | D.A.V. Kronos                 | NL               | M20        | 4                   | <b>26,04</b>          | 710              | 7            | -1,9 |
| 6                   | 101                | Tesfazghi Hayalu, Samsom | SV Sömmerda e.V.              | D                | M20        | 5                   | <b>26,22</b>          | 699              | 6            | -1,4 |
| 7                   | 117                | Jokisch, Georg           | FLB Cottbus                   | D                | M30        | 2                   | <b>26,57</b>          | 678              | 6            | -1,4 |
| 8                   | 106                | Timm, Jascha             | LAV Halensia                  | D                | M20        | 6                   | <b>26,86</b>          | 661              | 7            | -1,9 |
| 9                   | 115                | Bouele, Cédric           | Delémont Athlétisme           | CH               | M35        | 1                   | <b>27,01</b>          | 652              | 7            | -1,9 |
| 10                  | 108                | Winkler, Benjamin        | TuS Osterburg 90 Weida        | D                | M20        | 7                   | <b>27,16</b>          | 644              | 7            | -1,9 |
| 11                  | 105                | Schöning, Niklas         | SV Stahl Hennigsdorf          | D                | M20        | 8                   | <b>27,54</b>          | 622              | 8            | +0,0 |
| 12                  | 119                | Rathenow, Jann           | Potsdamer Laufclub            | D                | M35        | 2                   | <b>27,56</b>          | 621              | 9            | +0,0 |
| 13                  | 107                | Bosboom, Vincent         | D.A.V. Kronos                 | NL               | M20        | 9                   | <b>27,65</b>          | 616              | 8            | +0,0 |
| 14                  | 135                | Stephan, Carsten         | Schwedter Hasen               | D                | M50        | 1                   | <b>27,82</b>          | 606              | 9            | +0,0 |
| 15                  | 112                | Girof, Florent           | Nice Côte d'Azur Athlétisme   | F                | M20        | 10                  | <b>27,86</b>          | 604              | 8            | +0,0 |
| 16                  | 122                | Vrátný, Kamil            | AC Praha 1890                 | CZ               | M50        | 2                   | <b>28,21</b>          | 584              | 8            | +0,0 |
| 17                  | 118                | Meerstra, Davied         | AV Daventria 1906             | NL               | M30        | 3                   | <b>28,31</b>          | 579              | 7            | -1,9 |
| 18                  | 116                | Collinet, Thomas         | ASMS Sarrebourg               | F                | M45        | 1                   | <b>28,47</b>          | 570              | 8            | +0,0 |
| 19                  | 131                | Kroep, Koen              | D.A.V. Kronos                 | NL               | M20        | 11                  | <b>28,60</b>          | 563              | 9            | +0,0 |
| 20                  | 134                | Barner, Julian           | OSC Potsdam                   | D                | M20        | 12                  | <b>28,72</b>          | 556              | 9            | +0,0 |
| 21                  | 124                | Novotný, Zdeněk          | Jiskra Litomyšl               | CZ               | M50        | 3                   | <b>28,77</b>          | 554              | 10           | +0,8 |
| 22                  | 129                | Ruben, Vos               | De Gemzen                     | NL               | MJ         | 1                   | <b>28,84</b>          | 550              | 8            | +0,0 |
| 23                  | 120                | Greiner, Daniel          | SV Sömmerda e.V.              | D                | M35        | 3                   | <b>28,88</b>          | 548              | 10           | +0,8 |
| 24                  | 127                | Killilea, Tony           | London Heathside              | GB               | M55        | 1                   | <b>28,94</b>          | 545              | 9            | +0,0 |
| 25                  | 126                | Pelgröm, Fabian          | D.A.V. Kronos                 | NL               | M20        | 13                  | <b>29,02</b>          | 540              | 10           | +0,8 |
| 26                  | 121                | Schneegaß, Marco         | 1. SV Gera                    | D                | M45        | 2                   | <b>29,35</b>          | 523              | 11           | -0,9 |
| 27                  | 160                | Heinrich, Enrico         | LAV Halensia                  | D                | M50        | 4                   | <b>30,33</b>          | 473              | 10           | +0,8 |
| 28                  | 123                | Espenhahn, Jano          | Potsdamer Laufclub            | D                | M30        | 4                   | <b>30,46</b>          | 467              | 11           | -0,9 |
| 29                  | 145                | Unger, Thomas            | SV Lok Blankenburg 1949 e. V. | D                | M55        | 2                   | <b>30,64</b>          | 458              | 11           | -0,9 |
| 30                  | 132                | Warmuth, Daniel          | LG Nadine & Walter            | D                | M35        | 4                   | <b>30,65</b>          | 457              | 11           | -0,9 |
| 31                  | 128                | Pfeuffer, Jörg           | LG Erfurt                     | D                | M35        | 5                   | <b>30,86</b>          | 447              | 11           | -0,9 |
| 32                  | 148                | Radmann, Torsten         | ASV Zeuthen                   | D                | M55        | 3                   | <b>31,03</b>          | 439              | 10           | +0,8 |

Potsdam, 200 m (L10K), 28.05.2022 09:30

| Platz<br>Rank | Startnr.<br>Number | Name<br>Name       | Verein<br>Team           | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time | Punkte<br>Points | Lauf<br>Heat | Wind |
|---------------|--------------------|--------------------|--------------------------|------------------|------------|---------------------|--------------|------------------|--------------|------|
| 32            | 136                | Jaeger, Frank      | SV Sömmerda e.V.         | D                | M55        | 3                   | 31,03        | 439              | 11           | -0,9 |
| 34            | 137                | Morgner, Frank     | Schwielowsee             | D                | M40        | 1                   | 31,37        | 423              | 10           | +0,8 |
| 35            | 139                | Küttel, Ueli       | LC Luzern                | CH               | M35        | 6                   | 31,59        | 413              | 12           | -0,1 |
| 36            | 138                | Hofner, Reinhard   | MBB-SG Augsburg          | D                | M60        | 1                   | 31,84        | 401              | 12           | -0,1 |
| 37            | 133                | Pantke, Uwe        | LAV Halensia             | D                | M55        | 5                   | 32,13        | 388              | 13           | -3,6 |
| 38            | 130                | Paschke, Alexander | LG Winterlingen          | D                | M50        | 5                   | 32,37        | 377              | 12           | -0,1 |
| 39            | 140                | Stauß, Frank       | LG Winterlingen          | D                | M50        | 6                   | 32,56        | 369              | 13           | -3,6 |
| 40            | 144                | Balmer, Sven       | OSC Potsdam              | D                | M55        | 6                   | 33,50        | 329              | 12           | -0,1 |
| 41            | 147                | Petrick, Carsten   | LSV Niesky               | D                | M60        | 2                   | 34,59        | 285              | 12           | -0,1 |
| 42            | 143                | Warmuth, Uwe       | Bautzener LV Rot-Weiß 90 | D                | M45        | 3                   | 35,79        | 241              | 13           | -3,6 |
| 43            | 150                | Vasicek, Wolfgang  | SG Chemie Zeitz          | D                | M60        | 3                   | 35,81        | 240              | 13           | -3,6 |
| 44            | 161                | Schmidt, Jens      | SCC Berlin               | D                | M50        | 7                   | 37,30        | 190              | 13           | -3,6 |
| 45            | 141                | Rochau, Lothar     | LAV Halensia             | D                | M70        | 1                   | 37,83        | 174<br>[582]     | 14           | -2,1 |
| 46            | 152                | Salzmann, Rolf     | TSV Kirchdorf            | D                | M75        | 1                   | 40,49        | 103<br>[578]     | 14           | -2,1 |
| 47            | 154                | Spade, Frank       | Laufleben/Vegan Runners  | D                | M70        | 2                   | 41,66        | 78<br>[436]      | 14           | -2,1 |
| 48            | 151                | Engert, Reinhardt  | SV Stahl Hennigsdorf     | D                | M70        | 3                   | 42,38        | 64<br>[410]      | 14           | -2,1 |
| 49            | 155                | Warmuth, Walter    | LG Nadine & Walter       | D                | M70        | 4                   | 49,33        | 1<br>[205]       | 14           | -2,1 |
| 50            | 153                | Holterman, Herman  | LAAC Twente              | NL               | M65        | 1                   | 49,61        | 1<br>[141]       | 14           | -2,1 |

**37. Internationaler Läuferzehnkampf 2022**

Potsdam, 28.05.2022

**Ergebnisse - Results 5.000 m (L10K)**

Potsdam, 5.000 m (L10K), 28.05.2022 12:00

| Platz<br>Rank       | Startnr.<br>Number | Name<br>Name             | Verein<br>Team                | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time     | Punkte<br>Points | Lauf<br>Heat |
|---------------------|--------------------|--------------------------|-------------------------------|------------------|------------|---------------------|------------------|------------------|--------------|
| <b>Männer - Men</b> |                    |                          |                               |                  |            |                     |                  |                  |              |
| 1                   | 105                | Schöning, Niklas         | SV Stahl Hennigsdorf          | D                | M20        | 1                   | 15:30,60<br>* 30 | 830              | 1            |
| 2                   | 106                | Timm, Jascha             | LAV Halensia                  | D                | M20        | 2                   | 15:39,55<br>* 30 | 815              | 1            |
| 3                   | 101                | Tesfazghi Hayalu, Samsom | SV Sömmerda e.V.              | D                | M20        | 3                   | 16:32,16         | 728              | 1            |
| 4                   | 120                | Greiner, Daniel          | SV Sömmerda e.V.              | D                | M35        | 1                   | 16:52,76         | 696              | 1            |
| 5                   | 109                | van Aalten, Thijs        | D.A.V. Kronos                 | NL               | M20        | 4                   | 17:09,23         | 670              | 1            |
| 6                   | 111                | Pistorius, Nart          | D.A.V. Kronos                 | NL               | M20        | 5                   | 17:09,27         | 670              | 1            |
| 7                   | 108                | Winkler, Benjamin        | TuS Osterburg 90 Weida        | D                | M20        | 6                   | 17:40,85         | 622              | 1            |
| 8                   | 115                | Bouele, Cédric           | Delémont Athlétisme           | CH               | M35        | 2                   | 18:09,48         | 581              | 1            |
| 9                   | 107                | Bosboom, Vincent         | D.A.V. Kronos                 | NL               | M20        | 7                   | 18:10,52         | 579              | 1            |
| 10                  | 123                | Espenhahn, Jano          | Potsdamer Laufclub            | D                | M30        | 1                   | 18:18,11         | 569              | 1            |
| 11                  | 116                | Collinet, Thomas         | ASMS Sarrebourg               | F                | M45        | 1                   | 18:19,05         | 567              | 1            |
| 12                  | 137                | Morgner, Frank           | Schwielowsee                  | D                | M40        | 1                   | 18:23,19         | 561              | 1            |
| 13                  | 103                | Onderdijk, Jurian        | AV De Gemzen                  | NL               | M20        | 8                   | 18:24,85         | 559              | 1            |
| 14                  | 118                | Meerstra, Davied         | AV Daventria 1906             | NL               | M30        | 2                   | 18:30,48         | 551              | 1            |
| 15                  | 112                | Giro, Florent            | Nice Côte d'Azur Athlétisme   | F                | M20        | 9                   | 18:40,36         | 538              | 1            |
| 16                  | 129                | Ruben, Vos               | De Gemzen                     | NL               | MJ         | 1                   | 18:52,83         | 521              | 1            |
| 17                  | 117                | Jokisch, Georg           | FLB Cottbus                   | D                | M30        | 3                   | 19:29,14         | 473              | 1            |
| 18                  | 128                | Pfeuffer, Jörg           | LG Erfurt                     | D                | M35        | 3                   | 19:47,89         | 449              | 1            |
| 19                  | 165                | Huenges, Jan             | Potsdamer Laufclub            | D                | M30        | 4                   | 19:51,33         | 445              | 1            |
| 20                  | 160                | Heinrich, Enrico         | LAV Halensia                  | D                | M50        | 1                   | 19:51,57         | 444              | 1            |
| 21                  | 119                | Rathenow, Jann           | Potsdamer Laufclub            | D                | M35        | 4                   | 20:08,86         | 423              | 1            |
| 22                  | 166                | Martin, Marcel           | SPVGG Rommelshausen-LA Kernen | D                | M30        | 5                   | 20:16,75         | 413              | 2            |
| 23                  | 127                | Killilea, Tony           | London Heathside              | GB               | M55        | 1                   | 20:25,48         | 403              | 1            |
| 24                  | 136                | Jaeger, Frank            | SV Sömmerda e.V.              | D                | M55        | 2                   | 20:25,74         | 403              | 2            |
| 25                  | 130                | Paschke, Alexander       | LG Winterlingen               | D                | M50        | 2                   | 20:27,09         | 401              | 1            |
| 26                  | 145                | Unger, Thomas            | SV Lok Blankenburg 1949 e. V. | D                | M55        | 3                   | 20:29,57         | 398              | 2            |

Potsdam, 5.000 m (L10K), 28.05.2022 12:00

| Platz<br>Rank         | Startnr.<br>Number | Name<br>Name        | Verein<br>Team           | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time      | Punkte<br>Points | Lauf<br>Heat |
|-----------------------|--------------------|---------------------|--------------------------|------------------|------------|---------------------|-------------------|------------------|--------------|
| 27                    | 113                | Gerber, Alexandre   | Annecy Athlétisme        | F                | M30        | 6                   | 20:39,77          | 386              | 1            |
| 28                    | 135                | Stephan, Carsten    | Schwedter Hasen          | D                | M50        | 3                   | 20:45,87          | 379              | 2            |
| 29                    | 131                | Kroep, Koen         | D.A.V. Kronos            | NL               | M20        | 10                  | 20:46,85          | 378              | 2            |
| 30                    | 134                | Barner, Julian      | OSC Potsdam              | D                | M20        | 11                  | 20:47,16          | 378              | 2            |
| 31                    | 159                | Ziemer, Lukas       | Potsdamer Laufclub       | D                | M20        | 12                  | 20:50,06          | 374              | 2            |
| 32                    | 133                | Pantke, Uwe         | LAV Halensia             | D                | M55        | 4                   | 21:25,31          | 335              | 2            |
| 33                    | 121                | Schneegaß, Marco    | 1. SV Gera               | D                | M45        | 2                   | 21:45,36          | 314              | 2            |
| 34                    | 126                | Pelgröm, Fabian     | D.A.V. Kronos            | NL               | M20        | 13                  | 21:47,42          | 311              | 2            |
| 35                    | 140                | Stauß, Frank        | LG Winterlingen          | D                | M50        | 4                   | 21:49,56          | 309              | 2            |
| 36                    | 122                | Vrátný, Kamil       | AC Praha 1890            | CZ               | M50        | 5                   | 22:01,89          | 296              | 2            |
| 37                    | 102                | Kempel, Maximilian  | SV Sömmerda e.V.         | D                | M20        | 14                  | 22:09,57          | 289              | 2            |
| 38                    | 124                | Novotný, Zdeněk     | Jiskra Litomyšl          | CZ               | M50        | 6                   | 22:31,29          | 267              | 2            |
| 39                    | 144                | Balmer, Sven        | OSC Potsdam              | D                | M55        | 5                   | 22:44,06          | 255              | 3            |
| 40                    | 143                | Warmuth, Uwe        | Bautzener LV Rot-Weiß 90 | D                | M45        | 3                   | 22:47,80          | 251              | 2            |
| 41                    | 139                | Küttel, Ueli        | LC Luzern                | CH               | M35        | 5                   | 23:03,64          | 237              | 2            |
| 42                    | 132                | Warmuth, Daniel     | LG Nadine & Walter       | D                | M35        | 6                   | 23:11,35          | 230              | 2            |
| 43                    | 151                | Engert, Reinhardt   | SV Stahl Hennigsdorf     | D                | M70        | 1                   | 23:27,67          | 215<br>[637]     | 3            |
| 44                    | 148                | Radmann, Torsten    | ASV Zeuthen              | D                | M55        | 6                   | 23:48,89          | 197              | 3            |
| 45                    | 141                | Rochau, Lothar      | LAV Halensia             | D                | M70        | 2                   | 23:51,00          | 196<br>[612]     | 3            |
| 46                    | 138                | Hofner, Reinhard    | MBB-SG Augsburg          | D                | M60        | 1                   | 23:54,64          | 193              | 3            |
| 47                    | 150                | Vasicek, Wolfgang   | SG Chemie Zeitz          | D                | M60        | 2                   | 24:08,20          | 182              | 3            |
| 48                    | 154                | Spade, Frank        | Laufleben/Vegan Runners  | D                | M70        | 3                   | 25:35,13          | 119<br>[503]     | 3            |
| 49                    | 147                | Petrick, Carsten    | LSV Niesky               | D                | M60        | 3                   | 26:37,85          | 82               | 3            |
| 50                    | 161                | Schmidt, Jens       | SCC Berlin               | D                | M50        | 7                   | 27:25,05          | 58               | 3            |
| 51                    | 152                | Salzmann, Rolf      | TSV Kirchdorf            | D                | M75        | 1                   | 28:02,48          | 42<br>[463]      | 3            |
| 52                    | 153                | Holterman, Herman   | LAAC Twente              | NL               | M65        | 1                   | 28:38,97          | 29<br>[268]      | 3            |
| 53                    | 155                | Warmuth, Walter     | LG Nadine & Walter       | D                | M70        | 4                   | 39:54,86          | 1<br>[11]        | 3            |
| <b>Frauen - Women</b> |                    |                     |                          |                  |            |                     |                   |                  |              |
| 1                     | 1                  | Zimmermann, Kristin | Team Riedelbäck          | D                | W30        | 1                   | 18:31,10<br>** 10 | 857              | 1            |
| 2                     | 167                | Oprei, Anna         | Potsdamer Laufclub       | D                | W30        | 2                   | 19:52,22          | 745              | 1            |



Potsdam, 5.000 m (L10K), 28.05.2022 12:00

| Platz<br>Rank | Startnr.<br>Number | Name<br>Name           | Verein<br>Team                     | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time | Punkte<br>Points | Lauf<br>Heat |
|---------------|--------------------|------------------------|------------------------------------|------------------|------------|---------------------|--------------|------------------|--------------|
| 3             | 10                 | Köhler, Ines           | FLB Cottbus                        | D                | W35        | 1                   | 20:09,77     | 722              | 1            |
| 4             | 16                 | den Besten, Celeste    | AV De Gemzen                       | NL               | W20        | 1                   | 20:39,14     | 684              | 1            |
| 5             | 5                  | Creuzot, Sarah         | US Toul Athlétisme                 | F                | W20        | 2                   | 20:46,83     | 674              | 2            |
| 6             | 12                 | Bauer, Karoline        | Chemnitzer LV MEGWARE              | D                | W35        | 2                   | 20:50,52     | 669              | 2            |
| 7             | 7                  | Petersen, Tatjana      | TSV Rotkreuz / OSC Potsdam         | D                | W20        | 3                   | 20:53,14     | 666              | 2            |
| 8             | 8                  | Vis, Esmee             | AV De Gemzen                       | NL               | WJ         | 1                   | 21:24,31     | 627              | 2            |
| 9             | 4                  | Heidel, Kathleen       | NSF Berlin                         | D                | W20        | 4                   | 21:44,59     | 603              | 2            |
| 10            | 6                  | Brandecker, Yvonne     | Harz-Gebirgslaufverein Wernigerode | D                | W45        | 1                   | 21:49,94     | 596              | 2            |
| 11            | 17                 | Schlieker, Ellen       | VfL Brandenburg                    | D                | W50        | 1                   | 22:14,07     | 568              | 2            |
| 12            | 19                 | Warmuth, Lena          | USV TU Dresden                     | D                | WJ         | 2                   | 22:28,60     | 551              | 2            |
| 13            | 11                 | Brehme, Jasmin         | SV Sömmerda e.V.                   | D                | W20        | 5                   | 22:34,31     | 545              | 2            |
| 14            | 9                  | Dieckmann, Pauline     | Harz-Gebirgslaufverein Wernigerode | D                | WJ         | 3                   | 22:57,20     | 519              | 2            |
| 15            | 3                  | Brandecker, Lea        | Harz-Gebirgslaufverein Wernigerode | D                | WJ         | 4                   | 23:00,02     | 516              | 2            |
| 16            | 14                 | Podjuklová, Iva        | SK Hranice                         | CZ               | W45        | 2                   | 23:26,60     | 487              | 3            |
| 17            | 164                | Boede, Bianca          | Potsdamer Laufclub                 | D                | W45        | 3                   | 23:35,05     | 478              | 3            |
| 18            | 13                 | Stephan, Isabel        | Schwedter Hasen                    | D                | WJ         | 5                   | 23:50,99     | 461              | 3            |
| 19            | 18                 | Seidel, Marjoke        | AV Daventria 1906                  | NL               | W30        | 3                   | 23:57,06     | 455              | 3            |
| 20            | 22                 | Willig, Katharina      | SG Weinstadt                       | D                | W20        | 6                   | 24:08,91     | 442              | 3            |
| 21            | 21                 | Warmuth, Nadine        | SV TuR Dresden                     | D                | W45        | 4                   | 24:45,35     | 406              | 3            |
| 22            | 24                 | Hackbarth, Ute         | LSV Pirna                          | D                | W60        | 1                   | 25:20,91     | 372              | 3            |
| 23            | 25                 | Timm, Jana             | LAV Halensia                       | D                | W50        | 2                   | 25:24,04     | 369              | 3            |
| 24            | 23                 | Drost, Ellen           | AV De Gemzen                       | NL               | W20        | 7                   | 25:29,71     | 363              | 3            |
| 25            | 28                 | Schubert, Rita         | VfL Brandenburg                    | D                | W65        | 1                   | 25:34,48     | 359<br>[817]     | 3            |
| 26            | 29                 | Eichardt, Anna         | LG Winterlingen                    | D                | W45        | 5                   | 25:37,72     | 356              | 3            |
| 27            | 20                 | Wiek, Nele             | HSV Wildau                         | D                | W20        | 8                   | 26:44,91     | 297              | 3            |
| 28            | 15                 | Jichová, Ivana         | TJ Nové Město na Moravě            | CZ               | W50        | 3                   | 26:46,82     | 295              | 3            |
| 29            | 26                 | Bensch-Vasicek, Doreen | SG Chemie Zeitz                    | D                | W55        | 1                   | 27:11,33     | 275              | 3            |
| 30            | 31                 | Greiner, Heidi         | SV Sömmerda e.V.                   | D                | W35        | 3                   | 30:10,34     | 149              | 3            |

**37. Internationaler Läuferzehnkampf 2022**

Potsdam, 28.05.2022

**Ergebnisse - Results 1.000 m (L10K, L6K)**

Potsdam, 1.000 m (L10K, L6K), 28.05.2022 16:00

| Platz<br>Rank         | Startnr.<br>Number | Name<br>Name           | Verein<br>Team                     | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time    | Punkte<br>Points | Lauf<br>Heat |
|-----------------------|--------------------|------------------------|------------------------------------|------------------|------------|---------------------|-----------------|------------------|--------------|
| <b>Frauen - Women</b> |                    |                        |                                    |                  |            |                     |                 |                  |              |
| 1                     | 1                  | Zimmermann, Kristin    | Team Riedelbäck                    | D                | W30        | 1                   | 3:11,24<br>* 30 | 817              | 1            |
| 2                     | 5                  | Creuzot, Sarah         | US Toul Athlétisme                 | F                | W20        | 1                   | 3:30,56         | 664              | 1            |
| 3                     | 4                  | Heidel, Kathleen       | NSF Berlin                         | D                | W20        | 2                   | 3:31,18         | 659              | 1            |
| 4                     | 10                 | Köhler, Ines           | FLB Cottbus                        | D                | W35        | 1                   | 3:31,82         | 655              | 1            |
| 5                     | 16                 | den Besten, Celeste    | AV De Gemzen                       | NL               | W20        | 3                   | 3:34,44         | 635              | 1            |
| 6                     | 12                 | Bauer, Karoline        | Chemnitzer LV MEGWARE              | D                | W35        | 2                   | 3:35,16         | 630              | 1            |
| 7                     | 17                 | Schlieker, Ellen       | VfL Brandenburg                    | D                | W50        | 1                   | 3:44,90         | 561              | 1            |
| 8                     | 6                  | Brandecker, Yvonne     | Harz-Gebirgslaufverein Wernigerode | D                | W45        | 1                   | 3:45,57         | 556              | 1            |
| 9                     | 8                  | Vis, Esmee             | AV De Gemzen                       | NL               | WJ         | 1                   | 3:46,43         | 551              | 1            |
| 10                    | 11                 | Brehme, Jasmin         | SV Sömmerda e.V.                   | D                | W20        | 4                   | 3:49,64         | 529              | 1            |
| 11                    | 13                 | Stephan, Isabel        | Schwedter Hasen                    | D                | WJ         | 2                   | 3:50,22         | 525              | 1            |
| 12                    | 9                  | Dieckmann, Pauline     | Harz-Gebirgslaufverein Wernigerode | D                | WJ         | 3                   | 3:51,91         | 514              | 1            |
| 13                    | 3                  | Brandecker, Lea        | Harz-Gebirgslaufverein Wernigerode | D                | WJ         | 4                   | 3:53,16         | 506              | 1            |
| 14                    | 14                 | Podjuklová, Iva        | SK Hranice                         | CZ               | W45        | 2                   | 3:56,28         | 485              | 2            |
| 15                    | 19                 | Warmuth, Lena          | USV TU Dresden                     | D                | WJ         | 5                   | 3:58,10         | 474              | 2            |
| 16                    | 18                 | Seidel, Marjoke        | AV Daventria 1906                  | NL               | W30        | 2                   | 3:58,36         | 472              | 2            |
| 17                    | 22                 | Willig, Katharina      | SG Weinstadt                       | D                | W20        | 5                   | 4:06,54         | 422              | 2            |
| 18                    | 15                 | Jichová, Ivana         | TJ Nové Město na Moravě            | CZ               | W50        | 2                   | 4:16,68         | 364              | 2            |
| 19                    | 21                 | Warmuth, Nadine        | SV TuR Dresden                     | D                | W45        | 3                   | 4:19,44         | 348              | 2            |
| 20                    | 20                 | Wiek, Nele             | HSV Wildau                         | D                | W20        | 6                   | 4:21,17         | 339              | 2            |
| 21                    | 23                 | Drost, Ellen           | AV De Gemzen                       | NL               | W20        | 7                   | 4:24,13         | 323              | 2            |
| 22                    | 28                 | Schubert, Rita         | VfL Brandenburg                    | D                | W65        | 1                   | 4:24,27         | 323              | 2            |
| 23                    | 25                 | Timm, Jana             | LAV Halensia                       | D                | W50        | 3                   | 4:28,95         | 299              | 2            |
| 24                    | 29                 | Eichardt, Anna         | LG Winterlingen                    | D                | W45        | 4                   | 4:34,25         | 273              | 2            |
| 25                    | 24                 | Hackbarth, Ute         | LSV Pirna                          | D                | W60        | 1                   | 4:35,16         | 268              | 2            |
| 26                    | 26                 | Bensch-Vasicek, Doreen | SG Chemie Zeitz                    | D                | W55        | 1                   | 4:48,34         | 209              | 2            |

Potsdam, 1.000 m (L10K, L6K), 28.05.2022 16:00

| Platz<br>Rank       | Startnr.<br>Number | Name<br>Name             | Verein<br>Team                     | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time   | Punkte<br>Points | Lauf<br>Heat |
|---------------------|--------------------|--------------------------|------------------------------------|------------------|------------|---------------------|----------------|------------------|--------------|
| 27                  | 31                 | Greiner, Heidi           | SV Sömmerda e.V.                   | D                | W35        | 3                   | <b>5:01,85</b> | 156              | 2            |
| <b>Männer - Men</b> |                    |                          |                                    |                  |            |                     |                |                  |              |
| 1                   | 106                | Timm, Jascha             | LAV Halensia                       | D                | M20        | 1                   | <b>2:41,10</b> | 775              | 3            |
| 2                   | 105                | Schöning, Niklas         | SV Stahl Hennigsdorf               | D                | M20        | 2                   | <b>2:42,92</b> | 757              | 3            |
| 3                   | 102                | Kempel, Maximilian       | SV Sömmerda e.V.                   | D                | M20        | 3                   | <b>2:45,27</b> | 735              | 3            |
| 4                   | 101                | Tesfazghi Hayalu, Samsom | SV Sömmerda e.V.                   | D                | M20        | 4                   | <b>2:48,00</b> | 709              | 3            |
| 5                   | 109                | van Aalten, Thijs        | D.A.V. Kronos                      | NL               | M20        | 5                   | <b>2:49,95</b> | 691              | 3            |
| 6                   | 111                | Pistorius, Nart          | D.A.V. Kronos                      | NL               | M20        | 6                   | <b>2:51,20</b> | 679              | 3            |
| 7                   | 103                | Onderdijk, Jurian        | AV De Gemzen                       | NL               | M20        | 7                   | <b>2:55,28</b> | 642              | 3            |
| 8                   | 108                | Winkler, Benjamin        | TuS Osterburg 90 Weida             | D                | M20        | 8                   | <b>2:55,46</b> | 640              | 3            |
| 9                   | 120                | Greiner, Daniel          | SV Sömmerda e.V.                   | D                | M35        | 1                   | <b>2:59,78</b> | 602              | 3            |
| 10                  | 156                | Brandecker, Erik         | Harz-Gebirgslaufverein Wernigerode | D                | MU16       | 1                   | <b>3:00,18</b> | 599              | 3            |
| 11                  | 107                | Bosboom, Vincent         | D.A.V. Kronos                      | NL               | M20        | 9                   | <b>3:02,53</b> | 578              | 3            |
| 12                  | 116                | Collinet, Thomas         | ASMS Sarrebourg                    | F                | M45        | 1                   | <b>3:03,01</b> | 574              | 3            |
| 13                  | 119                | Rathenow, Jann           | Potsdamer Laufclub                 | D                | M35        | 2                   | <b>3:03,73</b> | 568              | 4            |
| 14                  | 115                | Bouele, Cédric           | Delémont Athlétisme                | CH               | M35        | 3                   | <b>3:05,96</b> | 550              | 3            |
| 15                  | 123                | Espenhahn, Jano          | Potsdamer Laufclub                 | D                | M30        | 1                   | <b>3:07,61</b> | 536              | 4            |
| 16                  | 112                | Giro, Florent            | Nice Côte d'Azur Athlétisme        | F                | M20        | 10                  | <b>3:08,17</b> | 531              | 4            |
| 17                  | 113                | Gerber, Alexandre        | Annecy Athlétisme                  | F                | M30        | 2                   | <b>3:09,07</b> | 524              | 4            |
| 18                  | 118                | Meerstra, Davied         | AV Daventria 1906                  | NL               | M30        | 3                   | <b>3:09,82</b> | 518              | 4            |
| 19                  | 117                | Jokisch, Georg           | FLB Cottbus                        | D                | M30        | 4                   | <b>3:10,59</b> | 512              | 4            |
| 20                  | 129                | Ruben, Vos               | De Gemzen                          | NL               | MJ         | 1                   | <b>3:10,97</b> | 509              | 4            |
| 21                  | 137                | Morgner, Frank           | Schwielowsee                       | D                | M40        | 1                   | <b>3:11,00</b> | 509              | 4            |
| 22                  | 160                | Heinrich, Enrico         | LAV Halensia                       | D                | M50        | 1                   | <b>3:19,99</b> | 439              | 4            |
| 23                  | 135                | Stephan, Carsten         | Schwedter Hasen                    | D                | M50        | 2                   | <b>3:25,57</b> | 399              | 4            |
| 24                  | 128                | Pfeuffer, Jörg           | LG Erfurt                          | D                | M35        | 4                   | <b>3:26,43</b> | 393              | 5            |
| 25                  | 127                | Killilea, Tony           | London Heathside                   | GB               | M55        | 1                   | <b>3:27,66</b> | 384              | 4            |
| 26                  | 130                | Paschke, Alexander       | LG Winterlingen                    | D                | M50        | 3                   | <b>3:28,63</b> | 378              | 5            |
| 27                  | 122                | Vrátný, Kamil            | AC Praha 1890                      | CZ               | M50        | 4                   | <b>3:31,18</b> | 360              | 4            |
| 28                  | 136                | Jaeger, Frank            | SV Sömmerda e.V.                   | D                | M55        | 2                   | <b>3:31,78</b> | 356              | 5            |

Potsdam, 1.000 m (L10K, L6K), 28.05.2022 16:00

| Platz Rank | Startnr. Number | Name Name         | Verein Team                   | Nation Nation | AK Cat. | Platz AK Rank AG | Zeit Time | Punkte Points | Lauf Heat |
|------------|-----------------|-------------------|-------------------------------|---------------|---------|------------------|-----------|---------------|-----------|
| 29         | 131             | Kroep, Koen       | D.A.V. Kronos                 | NL            | M20     | 11               | 3:32,01   | 355           | 5         |
| 30         | 124             | Novotný, Zdeněk   | Jiskra Litomyšl               | CZ            | M50     | 5                | 3:32,76   | 350           | 5         |
| 31         | 134             | Barner, Julian    | OSC Potsdam                   | D             | M20     | 12               | 3:33,10   | 347           | 5         |
| 32         | 126             | Pelgröm, Fabian   | D.A.V. Kronos                 | NL            | M20     | 13               | 3:35,37   | 333           | 5         |
| 33         | 133             | Pantke, Uwe       | LAV Halensia                  | D             | M55     | 3                | 3:38,34   | 314           | 5         |
| 34         | 121             | Schneegaß, Marco  | 1. SV Gera                    | D             | M45     | 2                | 3:38,96   | 310           | 5         |
| 35         | 140             | Stauß, Frank      | LG Winterlingen               | D             | M50     | 6                | 3:41,15   | 296           | 5         |
| 36         | 157             | Warmuth, Jakob    | SV TuR Dresden                | D             | MU16    | 2                | 3:41,50   | 294           | 5         |
| 37         | 145             | Unger, Thomas     | SV Lok Blankenburg 1949 e. V. | D             | M55     | 4                | 3:43,35   | 283           | 5         |
| 38         | 132             | Warmuth, Daniel   | LG Nadine & Walter            | D             | M35     | 5                | 3:50,18   | 244           | 6         |
| 39         | 139             | Küttel, Ueli      | LC Luzern                     | CH            | M35     | 6                | 3:52,78   | 230           | 5         |
| 40         | 144             | Balmer, Sven      | OSC Potsdam                   | D             | M55     | 5                | 3:54,69   | 219           | 6         |
| 41         | 143             | Warmuth, Uwe      | Bautzener LV Rot-Weiß 90      | D             | M45     | 3                | 4:00,23   | 191           | 6         |
| 42         | 148             | Radmann, Torsten  | ASV Zeuthen                   | D             | M55     | 6                | 4:03,42   | 176           | 6         |
| 43         | 151             | Engert, Reinhardt | SV Stahl Hennigsdorf          | D             | M70     | 1                | 4:17,06   | 118           | 6         |
| 44         | 147             | Petrick, Carsten  | LSV Niesky                    | D             | M60     | 1                | 4:17,62   | 116           | 6         |
| 45         | 141             | Rochau, Lothar    | LAV Halensia                  | D             | M70     | 2                | 4:20,68   | 104           | 6         |
| 46         | 150             | Vasicek, Wolfgang | SG Chemie Zeitz               | D             | M60     | 2                | 4:24,41   | 91            | 6         |
| 47         | 154             | Spade, Frank      | Läuferleben/Vegan Runners     | D             | M70     | 3                | 4:44,35   | 36            | 6         |
| 48         | 152             | Salzmann, Rolf    | TSV Kirchdorf                 | D             | M75     | 1                | 4:44,86   | 35            | 6         |
| 49         | 161             | Schmidt, Jens     | SCC Berlin                    | D             | M50     | 7                | 4:55,89   | 15            | 6         |
| 50         | 153             | Holterman, Herman | LAAC Twente                   | NL            | M65     | 1                | 5:05,32   | 5             | 6         |
| 51         | 155             | Warmuth, Walter   | LG Nadine & Walter            | D             | M70     | 4                | 7:11,69   | 1             | 6         |

**37. Internationaler Läuferzehnkampf 2022**

Potsdam, 29.05.2022

**Ergebnisse - Results 3.000 m (L6K)**

Potsdam, 3.000 m (L6K), 29.05.2022 10:45

| Platz<br>Rank | Startnr.<br>Number | Name<br>Name | Verein<br>Team | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time | Punkte<br>Points | Lauf<br>Heat |
|---------------|--------------------|--------------|----------------|------------------|------------|---------------------|--------------|------------------|--------------|
|---------------|--------------------|--------------|----------------|------------------|------------|---------------------|--------------|------------------|--------------|

**Männer - Men**

|   |     |                  |                                    |   |      |   |          |     |   |
|---|-----|------------------|------------------------------------|---|------|---|----------|-----|---|
| 1 | 156 | Brandecker, Erik | Harz-Gebirgslaufverein Wernigerode | D | MU16 | 1 | 11:07,44 | 488 | 1 |
| 2 | 157 | Warmuth, Jakob   | SV TuR Dresden                     | D | MU16 | 2 | 13:06,72 | 255 | 1 |

**Frauen - Women**

**37. Internationaler Läuferzehnkampf 2022**

Potsdam, 29.05.2022

**Ergebnisse - Results****10.000 m (L10K)**

Potsdam, 10.000 m (L10K), 29.05.2022 08:30

| Platz<br>Rank       | Startnr.<br>Number | Name<br>Name             | Verein<br>Team                | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time     | Punkte<br>Points | Lauf<br>Heat |
|---------------------|--------------------|--------------------------|-------------------------------|------------------|------------|---------------------|------------------|------------------|--------------|
| <b>Männer - Men</b> |                    |                          |                               |                  |            |                     |                  |                  |              |
| 1                   | 168                | Thurley, Tom             | Potsdamer Laufclub            | D                | M20        | 1                   | 30:42,65         | 939              | 3            |
| 2                   | 105                | Schöning, Niklas         | SV Stahl Hennigsdorf          | D                | M20        | 2                   | 32:35,35<br>* 30 | 845              | 3            |
| 3                   | 106                | Timm, Jascha             | LAV Halensia                  | D                | M20        | 3                   | 33:00,14<br>* 30 | 825              | 3            |
| 4                   | 101                | Tesfazghi Hayalu, Samsom | SV Sömmerda e.V.              | D                | M20        | 4                   | 33:40,59         | 793              | 3            |
| 5                   | 120                | Greiner, Daniel          | SV Sömmerda e.V.              | D                | M35        | 1                   | 34:29,49         | 755              | 3            |
| 6                   | 109                | van Aalten, Thijs        | D.A.V. Kronos                 | NL               | M20        | 5                   | 35:52,95         | 692              | 3            |
| 7                   | 111                | Pistorius, Nart          | D.A.V. Kronos                 | NL               | M20        | 6                   | 36:11,58         | 679              | 3            |
| 8                   | 108                | Winkler, Benjamin        | TuS Osterburg 90 Weida        | D                | M20        | 7                   | 36:49,20         | 652              | 3            |
| 9                   | 123                | Espenhahn, Jano          | Potsdamer Laufclub            | D                | M30        | 1                   | 37:22,28         | 628              | 3            |
| 10                  | 107                | Bosboom, Vincent         | D.A.V. Kronos                 | NL               | M20        | 8                   | 37:50,21         | 609              | 3            |
| 11                  | 115                | Bouele, Cédric           | Delémont Athlétisme           | CH               | M35        | 2                   | 37:54,86         | 606              | 3            |
| 12                  | 116                | Collinet, Thomas         | ASMS Sarrebourg               | F                | M45        | 1                   | 38:17,11         | 591              | 3            |
| 13                  | 137                | Morgner, Frank           | Schwielowsee                  | D                | M40        | 1                   | 38:18,97         | 589              | 3            |
| 14                  | 118                | Meerstra, Davied         | AV Daventria 1906             | NL               | M30        | 2                   | 38:32,89         | 580              | 3            |
| 15                  | 103                | Onderdijk, Jurian        | AV De Gemzen                  | NL               | M20        | 9                   | 38:55,10         | 565              | 3            |
| 16                  | 129                | Ruben, Vos               | De Gemzen                     | NL               | MJ         | 1                   | 39:52,43         | 528              | 3            |
| 17                  | 112                | Giro, Florent            | Nice Côte d'Azur Athlétisme   | F                | M20        | 10                  | 40:28,22         | 505              | 3            |
| 18                  | 160                | Heinrich, Enrico         | LAV Halensia                  | D                | M50        | 1                   | 40:51,43         | 491              | 3            |
| 19                  | 128                | Pfeuffer, Jörg           | LG Erfurt                     | D                | M35        | 3                   | 40:58,73         | 486              | 3            |
| 20                  | 117                | Jokisch, Georg           | FLB Cottbus                   | D                | M30        | 3                   | 41:52,44         | 454              | 3            |
| 21                  | 119                | Rathenow, Jann           | Potsdamer Laufclub            | D                | M35        | 4                   | 41:54,60         | 452              | 2            |
| 22                  | 145                | Unger, Thomas            | SV Lok Blankenburg 1949 e. V. | D                | M55        | 1                   | 42:37,36         | 427              | 2            |
| 23                  | 130                | Paschke, Alexander       | LG Winterlingen               | D                | M50        | 2                   | 42:46,04         | 422              | 2            |
| 24                  | 127                | Killilea, Tony           | London Heathside              | GB               | M55        | 2                   | 42:50,88         | 419              | 3            |
| 25                  | 136                | Jaeger, Frank            | SV Sömmerda e.V.              | D                | M55        | 3                   | 43:00,84         | 414              | 3            |
| 26                  | 135                | Stephan, Carsten         | Schwedter Hasen               | D                | M50        | 3                   | 43:16,58         | 405              | 2            |

Potsdam, 10.000 m (L10K), 29.05.2022 08:30

| Platz Rank            | Startnr. Number | Name Name           | Verein Team               | Nation Nation | AK Cat. | Platz AK Rank AG | Zeit Time         | Punkte Points | Lauf Heat |
|-----------------------|-----------------|---------------------|---------------------------|---------------|---------|------------------|-------------------|---------------|-----------|
| 27                    | 133             | Pantke, Uwe         | LAV Halensia              | D             | M55     | 4                | 43:54,67          | 384           | 2         |
| 28                    | 134             | Barner, Julian      | OSC Potsdam               | D             | M20     | 11               | 44:14,23          | 373           | 1         |
| 29                    | 131             | Kroep, Koen         | D.A.V. Kronos             | NL            | M20     | 12               | 45:04,19          | 347           | 2         |
| 30                    | 121             | Schneegaß, Marco    | 1. SV Gera                | D             | M45     | 2                | 46:06,68          | 315           | 2         |
| 31                    | 126             | Pelgröm, Fabian     | D.A.V. Kronos             | NL            | M20     | 13               | 46:17,11          | 310           | 2         |
| 32                    | 113             | Gerber, Alexandre   | Anncy Athlétisme          | F             | M30     | 4                | 46:19,07          | 309           | 2         |
| 33                    | 102             | Kempel, Maximilian  | SV Sömmerda e.V.          | D             | M20     | 14               | 46:33,15          | 302           | 2         |
| 34                    | 140             | Stauß, Frank        | LG Winterlingen           | D             | M50     | 4                | 46:35,46          | 301           | 2         |
| 35                    | 122             | Vrátný, Kamil       | AC Praha 1890             | CZ            | M50     | 5                | 47:01,40          | 288           | 2         |
| 36                    | 151             | Engert, Reinhardt   | SV Stahl Hennigsdorf      | D             | M70     | 1                | 47:03,02          | 288<br>[726]  | 1         |
| 37                    | 143             | Warmuth, Uwe        | Bautzener LV Rot-Weiß 90  | D             | M45     | 3                | 47:53,53          | 264           | 2         |
| 38                    | 124             | Novotný, Zdeněk     | Jiskra Litomyšl           | CZ            | M50     | 6                | 47:55,49          | 263           | 2         |
| 39                    | 144             | Balmer, Sven        | OSC Potsdam               | D             | M55     | 5                | 48:23,22          | 251           | 2         |
| 40                    | 148             | Radmann, Torsten    | ASV Zeuthen               | D             | M55     | 6                | 48:53,57          | 238           | 1         |
| 41                    | 141             | Rochau, Lothar      | LAV Halensia              | D             | M70     | 2                | 49:35,22          | 220<br>[643]  | 1         |
| 42                    | 150             | Vasicek, Wolfgang   | SG Chemie Zeitz           | D             | M60     | 1                | 49:57,99          | 211           | 1         |
| 43                    | 132             | Warmuth, Daniel     | LG Nadine & Walter        | D             | M35     | 5                | 51:47,44          | 169           | 1         |
| 44                    | 154             | Spade, Frank        | Läuferleben/Vegan Runners | D             | M70     | 3                | 54:25,54          | 116<br>[499]  | 1         |
| 45                    | 138             | Hofner, Reinhard    | MBB-SG Augsburg           | D             | M60     | 2                | 54:36,25          | 113           | 1         |
| 46                    | 139             | Küttel, Ueli        | LC Luzern                 | CH            | M35     | 6                | 54:38,84          | 112           | 2         |
| 47                    | 147             | Petrick, Carsten    | LSV Niesky                | D             | M60     | 3                | 57:10,65          | 72            | 1         |
| 48                    | 161             | Schmidt, Jens       | SCC Berlin                | D             | M50     | 7                | 57:39,11          | 65            | 1         |
| 49                    | 152             | Salzmann, Rolf      | TSV Kirchdorf             | D             | M75     | 1                | 59:09,43          | 46<br>[472]   | 1         |
| 50                    | 153             | Holterman, Herman   | LAAC Twente               | NL            | M65     | 1                | 59:38,18          | 41<br>[293]   | 1         |
| 51                    | 155             | Warmuth, Walter     | LG Nadine & Walter        | D             | M70     | 4                | 101:57,49         | 1<br>[1]      | 1         |
| <b>Frauen - Women</b> |                 |                     |                           |               |         |                  |                   |               |           |
| 1                     | 1               | Zimmermann, Kristin | Team Riedelbäck           | D             | W30     | 1                | 38:38,18<br>** 10 | 899           | 3         |
| 2                     | 10              | Köhler, Ines        | FLB Cottbus               | D             | W35     | 1                | 41:51,74<br>* 30  | 771           | 3         |
| 3                     | 5               | Creuzot, Sarah      | US Toul Athlétisme        | F             | W20     | 1                | 43:48,78          | 699           | 2         |
| 4                     | 12              | Bauer, Karoline     | Chemnitzer LV MEGWARE     | D             | W35     | 2                | 43:57,50          | 694           | 2         |

Potsdam, 10.000 m (L10K), 29.05.2022 08:30

| Platz<br>Rank | Startnr.<br>Number | Name<br>Name           | Verein<br>Team                     | Nation<br>Nation | AK<br>Cat. | Platz AK<br>Rank AG | Zeit<br>Time | Punkte<br>Points | Lauf<br>Heat |
|---------------|--------------------|------------------------|------------------------------------|------------------|------------|---------------------|--------------|------------------|--------------|
| 5             | 16                 | den Besten, Celeste    | AV De Gemzen                       | NL               | W20        | 2                   | 44:34,17     | 672              | 2            |
| 6             | 8                  | Vis, Esmee             | AV De Gemzen                       | NL               | WJ         | 1                   | 45:20,66     | 645              | 2            |
| 7             | 17                 | Schlieker, Ellen       | VfL Brandenburg                    | D                | W50        | 1                   | 46:24,77     | 608              | 2            |
| 8             | 6                  | Brandecker, Yvonne     | Harz-Gebirgslaufverein Wernigerode | D                | W45        | 1                   | 46:55,23     | 591              | 2            |
| 9             | 19                 | Warmuth, Lena          | USV TU Dresden                     | D                | WJ         | 2                   | 47:37,68     | 568              | 2            |
| 10            | 4                  | Heidel, Kathleen       | NSF Berlin                         | D                | W20        | 3                   | 47:52,26     | 560              | 2            |
| 11            | 11                 | Brehme, Jasmin         | SV Sömmerda e.V.                   | D                | W20        | 4                   | 48:29,44     | 540              | 2            |
| 12            | 9                  | Dieckmann, Pauline     | Harz-Gebirgslaufverein Wernigerode | D                | WJ         | 3                   | 48:48,07     | 531              | 2            |
| 13            | 14                 | Podjuklová, Iva        | SK Hranice                         | CZ               | W45        | 2                   | 49:44,33     | 501              | 1            |
| 14            | 18                 | Seidel, Marjoke        | AV Daventria 1906                  | NL               | W30        | 2                   | 50:11,04     | 488              | 1            |
| 15            | 22                 | Willig, Katharina      | SG Weinstadt                       | D                | W20        | 5                   | 50:16,27     | 485              | 1            |
| 16            | 13                 | Stephan, Isabel        | Schwedter Hasen                    | D                | WJ         | 4                   | 50:32,73     | 477              | 1            |
| 17            | 3                  | Brandecker, Lea        | Harz-Gebirgslaufverein Wernigerode | D                | WJ         | 5                   | 51:17,05     | 455              | 2            |
| 18            | 21                 | Warmuth, Nadine        | SV TuR Dresden                     | D                | W45        | 3                   | 51:51,46     | 439              | 1            |
| 19            | 25                 | Timm, Jana             | LAV Halensia                       | D                | W50        | 2                   | 52:00,14     | 435              | 1            |
| 20            | 24                 | Hackbarth, Ute         | LSV Pirna                          | D                | W60        | 1                   | 52:24,52     | 423              | 1            |
| 21            | 29                 | Eichardt, Anna         | LG Winterlingen                    | D                | W45        | 4                   | 52:45,00     | 414              | 1            |
| 22            | 28                 | Schubert, Rita         | VfL Brandenburg                    | D                | W65        | 1                   | 54:03,20     | 378<br>[838]     | 1            |
| 23            | 23                 | Drost, Ellen           | AV De Gemzen                       | NL               | W20        | 6                   | 55:32,89     | 339              | 1            |
| 24            | 15                 | Jichová, Ivana         | TJ Nové Město na Moravě            | CZ               | W50        | 3                   | 57:24,38     | 294              | 1            |
| 25            | 20                 | Wiek, Nele             | HSV Wildau                         | D                | W20        | 7                   | 57:33,43     | 291              | 1            |
| 26            | 26                 | Bensch-Vasicek, Doreen | SG Chemie Zeitz                    | D                | W55        | 1                   | 57:43,20     | 287              | 1            |
| 27            | 31                 | Greiner, Heidi         | SV Sömmerda e.V.                   | D                | W35        | 3                   | 66:04,70     | 126              | 1            |